

DAILY PRAYER GUIDE

SMALL GROUP GUIDE & PRAYER JOURNAL

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HOW THE DPG WORKS

It can take just a few minutes, or you can spend an hour. Set aside a bit of your time for God. Every day, find a quiet spot, even if it's in your car before work or in bed before you close your eyes. Open this up and pray through the steps given for each day. Follow the instructions and focus as you read scripture and pray.

A SIMPLE METHOD FOR HEARING GOD

Here are 6 simple steps to use as you're reading the Bible. Take your time and spend a few minutes on each step as you hear from God.

RELAX - Find a calm place and take a few deep breaths. Focus your mind on listening for God's voice.

READ - Read the word of God. It can be just a few verses or maybe an entire chapter.

FOCUS - Center your attention on the verses and ask God to highlight parts of the Scripture to you.

RESPOND - Write down or think about what the verses bring to mind and how they move you.

REST - Let your mind flow over the truth and goodness of God's word.

RESOLVE - With joy and reverence, choose to follow what God is saying through His Scripture.

This is something you can practice every time you make room to hear God. His desire is to speak to us every day. These steps can help you to focus on his voice.

OCTOBER

OCTOBER 1

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

“God, I trust you and your Word. I want to grow closer to you today and better understand your promises to me. I commit this time to you and say ‘yes’ to what you reveal to me during this time. In Jesus’ name, Amen.”

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “He is...”. Exhale slowly and say to yourself, “...with me.” Repeat this three times. When you’re ready, open your eyes and begin reading the Word.

God’s Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 19:9
The fear of the Lord is pure, enduring forever.
The decrees of the Lord are firm, and all of them are righteous.

Luke 5:4-5
When he had finished speaking, [Jesus] said to Simon, “Put out into deep water, and let down the nets for a catch.”

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

Psalm 19 Psalm 46 Psalms 66-67 2 Kings 17:1-18 Luke 5:1-11
Acts 9:36-43

So What’s Next? • In this story from the Gospel of Luke, Peter just met Jesus and is already doing what he asked. Jesus draws us in, yet also carries an authority with him that we want to obey. What is Jesus asking of you right now in your life? Where do you need to respond like Peter, “because you say so...”?

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

OCTOBER 2

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

"God, thank you for this time together. I want to know you better and grow in my faith. As I dive into your Word today, please meet me there. Reveal yourself to me through these verses and show me how to live out my faith. In Jesus' name, Amen."

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, "God is...". Exhale slowly and say to yourself, "my rock." Breathe in and say to yourself, "God is...". Exhale slowly and say to yourself, "my fortress." Repeat this 3 times. When you're ready, open your eyes and begin reading the Word.

God's Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 89:1-2

*I will sing of the Lord's great love forever;
with my mouth I will make your faithfulness known
through all generations.
I will declare that your love stands firm forever,
that you have established your faithfulness in heaven itself.*

Matthew 6:33

But seek first his kingdom and his righteousness, and all these things will be given to you as well.

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God's Word with today's reading plan from the Book of Common Prayer.

Psalm 89 2 Kings 17:24-41 Matthew 6:25-34 1 Corinthians 7:25-31

So What's Next? • How do you experience God's faithfulness? The psalmist above can't help but share about God's faithfulness to everyone he knows. Who is someone you can share with today? Spend a few minutes writing them a text or calling them to tell them the good news of Jesus.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

OCTOBER 3

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

“Lord, you are worthy of all my honor and praise. I need you today. Help me to be transformed by your presence. Reveal your will for me as I study your Word. I commit this time to you. In Jesus’ name, Amen.”

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in for 4 seconds. Exhale for 8 seconds. Identify one thing that is distracting you, burdening you, or worrying you today. Breathe in and say to yourself, “Lord...”. Breathe out and say to yourself, “I lay this down.” Repeat as many times as you need for each distraction, burden, or worry today. When you’re ready, open your eyes and begin reading the Word.

God’s Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 95:1-2
Come, let us sing for joy to the Lord;
let us shout aloud to the Rock of our salvation.
Let us come before him with thanksgiving
and extol him with music and song.

Matthew 7:1-2
Do not judge, or you too will be judged. For in the same way you judge others,
you will be judged, and with the measure you use, it will be measured to you.

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

<i>Psalms 94-95</i>	<i>Psalm 97</i>	<i>Psalms 99-100</i>	<i>2 Chronicles 29:1-3</i>
<i>2 Chronicles 30</i>	<i>Matthew 7:1-12</i>	<i>1 Corinthians 7:32-40</i>	

So What’s Next? • Spend a few minutes journaling about how you judge others. Be honest with yourself, and with the Lord...how do you judge others? How would you like to change?

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

OCTOBER 4

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

“God, I trust you and your Word. I want to grow closer to you today and better understand your promises to me. I commit this time to you and say ‘yes’ to what you reveal to me during this time. In Jesus’ name, Amen.”

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “He is...”. Exhale slowly and say to yourself, “...with me.” Repeat this three times. When you’re ready, open your eyes and begin reading the Word.

God’s Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 101:7
No one who practices deceit
will dwell in my house;
no one who speaks falsely
will stand in my presence.

Matthew 7:15-16a
Watch out for false prophets. They come to you in sheep’s clothing, but inwardly they are ferocious wolves. By their fruit you will recognize them.

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

<i>Psalm 101</i>	<i>Psalm 109</i>	<i>Psalm 119:121-144</i>	<i>2 Kings 18:9-25</i>
<i>Matthew 7:13-21</i>	<i>1 Corinthians 8</i>		

So What’s Next? • We are called to beware of false teachings of Jesus. But how are we to know what’s false and what’s true? First, we have scripture to rely on, and secondly, Jesus tells us to watch their fruit. What fruit should we expect to see from those who truly follow the way of Jesus? Spend a few minutes journaling your thoughts.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

OCTOBER 5

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

"God, thank you for this time together. I want to know you better and grow in my faith. As I dive into your Word today, please meet me there. Reveal yourself to me through these verses and show me how to live out my faith. In Jesus' name, Amen."

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, "God is...". Exhale slowly and say to yourself, "my rock." Breathe in and say to yourself, "God is...". Exhale slowly and say to yourself, "my fortress." Repeat this 3 times. When you're ready, open your eyes and begin reading the Word.

God's Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 105:4

*Look to the Lord and his strength;
seek his face always.*

Matthew 7:26-27

But everyone who hears these words of mine and does not put them into practice is like a foolish man who built his house on sand. The rain came down, the streams rose, and the winds blew and beat against that house, and it fell with a great crash.

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God's Word with today's reading plan from the Book of Common Prayer.

Psalm 105

2 Kings 18:28-37

Matthew 7:22-29

1 Corinthians 9:1-15

So What's Next? • What does it mean to build your house on sand? How stable would that house be? If you compare that to building your house on rock, which one is more secure? As you journal, pray, or think about this, invite the Holy Spirit to help you build a strong foundation on Jesus!

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

OCTOBER 6

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

“Lord, you are worthy of all my honor and praise. I need you today. Help me to be transformed by your presence. Reveal your will for me as I study your Word. I commit this time to you. In Jesus’ name, Amen.”

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in for 4 seconds. Exhale for 8 seconds. Identify one thing that is distracting you, burdening you, or worrying you today. Breathe in and say to yourself, “Lord...”. Breathe out and say to yourself, “I lay this down.” Repeat as many times as you need for each distraction, burden, or worry today. When you’re ready, open your eyes and begin reading the Word.

God’s Word • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 107:1
Give thanks to the Lord, for he is good;
his love endures forever.*

*Matthew 8:16-17
When evening came, many who were demon-possessed were brought to him, and he drove out the spirits with a word and healed all the sick. This was to fulfill what was spoken through the prophet Isaiah:
“He took up our infirmities
and bore our diseases..”*

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

*Psalm 102 Psalm 107 2 Kings 19:1-20 Matthew 8:1-17
1 Corinthians 9:16-27*

So What’s Next? • Where do you need healing in your life? Physical? Emotional? Spiritual? Take some time today to ask God to bring you healing, however you need it. Then, ask a friend to pray for you about the same thing!

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

OCTOBER 7

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

"God, I trust you and your Word. I want to grow closer to you today and better understand your promises to me. I commit this time to you and say 'yes' to what you reveal to me during this time. In Jesus' name, Amen."

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, "He is...". Exhale slowly and say to yourself, "...with me." Repeat this three times. When you're ready, open your eyes and begin reading the Word.

God's Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalms 33:20

*We wait in hope for the Lord;
he is our help and our shield.*

1 Corinthians 10:13b

*And God is faithful; he will not let you be tempted beyond what you can bear.
But when you are tempted, he will also provide a way out so that you can endure it.*

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God's Word with today's reading plan from the Book of Common Prayer.

Psalms 33

Psalms 107-108

2 Kings 19:21-36

Matthew 8:18-27

1 Corinthians 10:1-13

So What's Next? • Paul says in his letter to the church in Corinth that God won't let us be tempted beyond what we can stand up against...and when we are tempted, God will provide a way out. When was the last time you faced temptation? How did you respond? Take a moment to repent if you made a mistake, or to give thanks if you overcame it!

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

OCTOBER 8

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

“God, thank you for this time together. I want to know you better and grow in my faith. As I dive into your Word today, please meet me there. Reveal yourself to me through these verses and show me how to live out my faith. In Jesus’ name, Amen.”

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my rock.” Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my fortress.” Repeat this 3 times. When you’re ready, open your eyes and begin reading the Word.

God’s Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 145:9-13
The Lord is good to all;
he has compassion on all he has made.
All your works praise you, Lord;
your faithful people extol you.
They tell of the glory of your kingdom
and speak of your might,
so that all people may know of your mighty acts
and the glorious splendor of your kingdom.
Your kingdom is an everlasting kingdom,
and your dominion endures through all generations.

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

Psalm 118 Psalm 145 2 Kings 20 Luke 7:11-17 Acts 12:1-17

So What’s Next? • How have you experienced the Lord’s compassion? Take 5 minutes to quietly ponder how he has been compassionate with you, then share your thoughts with a friend.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

OCTOBER 9

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

"Lord, you are worthy of all my honor and praise. I need you today. Help me to be transformed by your presence. Reveal your will for me as I study your Word. I commit this time to you. In Jesus' name, Amen."

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in for 4 seconds. Exhale for 8 seconds. Identify one thing that is distracting you, burdening you, or worrying you today. Breathe in and say to yourself, "Lord...". Breathe out and say to yourself, "I lay this down." Repeat as many times as you need for each distraction, burden, or worry today. When you're ready, open your eyes and begin reading the Word.

God's Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 106:47

*Save us, Lord our God,
and gather us from the nations,
that we may give thanks to your holy name
and glory in your praise.*

1 Corinthians 10:23-24

"I have the right to do anything," you say—but not everything is beneficial. "I have the right to do anything"—but not everything is constructive. No one should seek their own good, but the good of others.

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God's Word with today's reading plan from the Book of Common Prayer.

Psalm 106 2 Kings 21:1-18 Matthew 8:28-34 1 Corinthians 10:14-11:1

So What's Next? • Paul says we are not to seek our own good, but the good of others. What is one thing you could do today to help someone else? Take one step into helping someone around you

OCTOBER 10

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

"God, I trust you and your Word. I want to grow closer to you today and better understand your promises to me. I commit this time to you and say 'yes' to what you reveal to me during this time. In Jesus' name, Amen."

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, "He is...". Exhale slowly and say to yourself, "...with me." Repeat this three times. When you're ready, open your eyes and begin reading the Word.

God's Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 125:1

*Those who trust in the Lord are like Mount Zion,
which cannot be shaken but endures forever.*

Matthew 9:6

"But I want you to know that the Son of Man has authority on earth to forgive sins." So he said to the paralyzed man, "Get up, take your mat and go home."

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God's Word with today's reading plan from the Book of Common Prayer.

Psalms 120-127

2 Kings 22:1-13

Matthew 9:1-8

1 Corinthians 11:2, 17-22

So What's Next? • When Jesus healed people, he didn't just heal their physical needs, but offered spiritual healing as well. Take some time to think about those in your life who need healing of any kind. Then, spend some time in prayer, asking God to move in their lives.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

OCTOBER 11

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

"God, thank you for this time together. I want to know you better and grow in my faith. As I dive into your Word today, please meet me there. Reveal yourself to me through these verses and show me how to live out my faith. In Jesus' name, Amen."

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, "God is...". Exhale slowly and say to yourself, "my rock." Breathe in and say to yourself, "God is...". Exhale slowly and say to yourself, "my fortress." Repeat this 3 times. When you're ready, open your eyes and begin reading the Word.

God's Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 130:3-4

*If you, Lord, kept a record of sins,
Lord, who could stand?
But with you there is forgiveness,
so that we can, with reverence, serve you.*

Matthew 9:12-13

On hearing this, Jesus said, "It is not the healthy who need a doctor, but the sick. But go and learn what this means: 'I desire mercy, not sacrifice. For I have not come to call the righteous, but sinners.'"

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God's Word with today's reading plan from the Book of Common Prayer.

Psalm 119:145-176 Psalms 128-130 2 Kings 22:14-23:3
Matthew 9:9-17 1 Corinthians 11:23-34

So What's Next? • Spend some time thinking about what Jesus meant by 'I desire mercy, not sacrifice.' Journal your thoughts and then share with a friend.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

OCTOBER 12

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

"Lord, you are worthy of all my honor and praise. I need you today. Help me to be transformed by your presence. Reveal your will for me as I study your Word. I commit this time to you. In Jesus' name, Amen."

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in for 4 seconds. Exhale for 8 seconds. Identify one thing that is distracting you, burdening you, or worrying you today. Breathe in and say to yourself, "Lord...". Breathe out and say to yourself, "I lay this down." Repeat as many times as you need for each distraction, burden, or worry today. When you're ready, open your eyes and begin reading the Word.

God's Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 134

*Praise the Lord, all you servants of the Lord
who minister by night in the house of the Lord.
Lift up your hands in the sanctuary
and praise the Lord.*

*May the Lord bless you from Zion,
he who is the Maker of heaven and earth.*

Matthew 9:22

Jesus turned and saw her. "Take heart, daughter," he said, "your faith has healed you." And the woman was healed at that moment.

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God's Word with today's reading plan from the Book of Common Prayer.

Psalms 131-135

2 Kings 23:4-25

Matthew 9:18-26

1 Corinthians 12:1-11

So What's Next? • How do you praise the Lord? How does your heart find joy in praising him? Whether through song, poetry, drawing, or journaling, spend some extra time today praising God for who he is and what he's done for you.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

OCTOBER 13

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

“God, I trust you and your Word. I want to grow closer to you today and better understand your promises to me. I commit this time to you and say ‘yes’ to what you reveal to me during this time. In Jesus’ name, Amen.”

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “He is...”. Exhale slowly and say to yourself, “...with me.” Repeat this three times. When you’re ready, open your eyes and begin reading the Word.

God’s Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 141:1-2
I call to you, Lord, come quickly to me;
hear me when I call to you.
May my prayer be set before you like incense;
may the lifting up of my hands be like the evening sacrifice.

1 Corinthians 12:12
Just as a body, though one, has many parts, but all its many parts form one body, so it is with Christ.

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

Psalms 140-143 2 Kings 23:36-24:17 Matthew 9:27-34
1 Corinthians 12:12-26

So What’s Next? • You are a part of the body of Christ! If you have said yes to life with Jesus, you have a role in the body! What is that for you? Take some time to journal your thoughts, and ask God to highlight what he’s inviting you to step into.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

OCTOBER 14

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

“God, thank you for this time together. I want to know you better and grow in my faith. As I dive into your Word today, please meet me there. Reveal yourself to me through these verses and show me how to live out my faith. In Jesus’ name, Amen.”

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my rock.” Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my fortress.” Repeat this 3 times. When you’re ready, open your eyes and begin reading the Word.

God’s Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 144:3-4
Lord, what are human beings that you care for them,
mere mortals that you think of them?
They are like a breath;
their days are like a fleeting shadow.

1 Corinthians 12:28
And God has placed in the church first of all apostles, second prophets, third teachers, then miracles, then gifts of healing, of helping, of guidance, and of different kinds of tongues.

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

Psalm 104 Psalm 137 Psalm 144 Jeremiah 35 Matthew 9:35-10:4
1 Corinthians 12:27-13:3

So What’s Next? • Yesterday’s exercise had us ask God about where we might fit in to the body of Christ. Paul’s list here isn’t exhaustive, but shows us many ways we can serve in God’s kingdom. Which ones stand out to you? Text a friend and ask if how they see you show up.

OCTOBER 15

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

"Lord, you are worthy of all my honor and praise. I need you today. Help me to be transformed by your presence. Reveal your will for me as I study your Word. I commit this time to you. In Jesus' name, Amen."

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in for 4 seconds. Exhale for 8 seconds. Identify one thing that is distracting you, burdening you, or worrying you today. Breathe in and say to yourself, "Lord...". Breathe out and say to yourself, "I lay this down." Repeat as many times as you need for each distraction, burden, or worry today. When you're ready, open your eyes and begin reading the Word.

God's Word • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 111:10
The fear of the Lord is the beginning of wisdom;
all who follow his precepts have good understanding.
To him belongs eternal praise.*

*Luke 7:37-38
A woman in that town who lived a sinful life learned that Jesus was eating at the Pharisee's house, so she came there with an alabaster jar of perfume. As she stood behind him at his feet weeping, she began to wet his feet with her tears. Then she wiped them with her hair, kissed them and poured perfume on them.*

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God's Word with today's reading plan from the Book of Common Prayer.

*Psalms 111-113 Psalms 146-147 Jeremiah 36:1-10 Luke 7:36-50
Acts 14:8-18*

So What's Next? • What would you do if you encountered Jesus, in person, at someone's house? Would it be like this woman? Spend some time journaling your thoughts.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

CHECK IN

You've made it to the halfway point! October is halfway over, but God isn't finished speaking to you! What have you heard so far this month? Take a few moments and reflect on what God has spoken to you, and let us know. We'd love to be a part of your journey. Email SHV or Larkspur Church at dpg@shvchurch.org with the stories of what God is doing in your life.

OCTOBER 16

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

“God, I trust you and your Word. I want to grow closer to you today and better understand your promises to me. I commit this time to you and say ‘yes’ to what you reveal to me during this time. In Jesus’ name, Amen.”

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “He is...”. Exhale slowly and say to yourself, “...with me.” Repeat this three times. When you’re ready, open your eyes and begin reading the Word.

God’s Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 3:3-4
Blessed is the one
who does not walk in step with the wicked
or stand in the way that sinners take
or sit in the company of mockers,
but whose delight is in the law of the Lord,
and who meditates on his law day and night.

1 Corinthians 13:13
And now these three remain: faith, hope and love. But the greatest of these is love.

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

Psalms 1-4 Psalm 7 Jeremiah 36:11-26 Matthew 10:5-15
1 Corinthians 13

So What’s Next? • How do you see faith, hope, and love present in your life? Spend a few moments journaling your thoughts.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

OCTOBER 17

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

"God, thank you for this time together. I want to know you better and grow in my faith. As I dive into your Word today, please meet me there. Reveal yourself to me through these verses and show me how to live out my faith. In Jesus' name, Amen."

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, "God is...". Exhale slowly and say to yourself, "my rock." Breathe in and say to yourself, "God is...". Exhale slowly and say to yourself, "my fortress." Repeat this 3 times. When you're ready, open your eyes and begin reading the Word.

God's Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 5:3

*In the morning, Lord, you hear my voice;
in the morning I lay my requests before you
and wait expectantly.*

1 Corinthians 14:12

So it is with you. Since you are eager for gifts of the Spirit, try to excel in those that build up the church.

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God's Word with today's reading plan from the Book of Common Prayer.

Psalms 5-6

Psalms 10-11

Jeremiah 36:27-37:2

Matthew 10:16-23

1 Corinthians 14:1-12

So What's Next? • Do you know what your spiritual gifts are? When we say yes to life with Jesus, we all receive the Holy Spirit to guide us, shape us, and help us. If you don't know your gifts, check out a website like <https://giftstest.com>.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

OCTOBER 18

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

"Lord, you are worthy of all my honor and praise. I need you today. Help me to be transformed by your presence. Reveal your will for me as I study your Word. I commit this time to you. In Jesus' name, Amen."

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in for 4 seconds. Exhale for 8 seconds. Identify one thing that is distracting you, burdening you, or worrying you today. Breathe in and say to yourself, "Lord...". Breathe out and say to yourself, "I lay this down." Repeat as many times as you need for each distraction, burden, or worry today. When you're ready, open your eyes and begin reading the Word.

God's Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 103:13
As a father has compassion on his children,
so the Lord has compassion on those who fear him;

Acts 1:7-8
He said to them: "It is not for you to know the times or dates the Father has set by his own authority. 8 But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth."

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God's Word with today's reading plan from the Book of Common Prayer.

Psalm 67 Psalm 96 Psalm 103 Ezekiel 47:1-12 Luke 1:1-4
Acts 1:1-8

So What's Next? • How do you need to receive the Lord's compassion today? Take some time to pray and ask God to speak to you how he sees you and the compassion he has for you.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

OCTOBER 19

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

“God, I trust you and your Word. I want to grow closer to you today and better understand your promises to me. I commit this time to you and say ‘yes’ to what you reveal to me during this time. In Jesus’ name, Amen.”

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “He is...”. Exhale slowly and say to yourself, “...with me.” Repeat this three times. When you’re ready, open your eyes and begin reading the Word.

God’s Word • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 18:30
As for God, his way is perfect:
The Lord’s word is flawless;
he shields all who take refuge in him.*

*Matthew 10:34
Do not suppose that I have come to bring peace to the earth. I did not come to bring peace, but a sword.*

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

*Psalm 18 Jeremiah 38:1-13 Matthew 10:34-42
1 Corinthians 14:26-33, 37-40*

So What’s Next? • In Matthew, Jesus says something challenging about peace. What do you think he means when he says he came to bring a sword? Take a look at the rest of this section from Matthew, then journal your thoughts.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

OCTOBER 20

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

“God, thank you for this time together. I want to know you better and grow in my faith. As I dive into your Word today, please meet me there. Reveal yourself to me through these verses and show me how to live out my faith. In Jesus’ name, Amen.”

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my rock.” Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my fortress.” Repeat this 3 times. When you’re ready, open your eyes and begin reading the Word.

God’s Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 17:6
I call on you, my God, for you will answer me;
turn your ear to me and hear my prayer.

1 Corinthians 15:2
By this gospel you are saved, if you hold firmly to the word I preached to you.
Otherwise, you have believed in vain.

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

Psalms 16-17 Psalm 22 Jeremiah 38:14-28 Matthew 11:1-6
1 Corinthians 15:1-11

So What’s Next? • Do you believe that God hears your prayers? According to the psalm above, he will answer us, he will hear us when we pray. What do you need to hear from God today?

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

OCTOBER 21

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

"Lord, you are worthy of all my honor and praise. I need you today. Help me to be transformed by your presence. Reveal your will for me as I study your Word. I commit this time to you. In Jesus' name, Amen."

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in for 4 seconds. Exhale for 8 seconds. Identify one thing that is distracting you, burdening you, or worrying you today. Breathe in and say to yourself, "Lord...". Breathe out and say to yourself, "I lay this down." Repeat as many times as you need for each distraction, burden, or worry today. When you're ready, open your eyes and begin reading the Word.

God's Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 116:5-6
The Lord is gracious and righteous;
our God is full of compassion.
The Lord protects the unwary;
when I was brought low, he saved me.

1 Corinthians 15:20-21
But Christ has indeed been raised from the dead, the firstfruits of those who have fallen asleep. For since death came through a man, the resurrection of the dead comes also through a man.

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God's Word with today's reading plan from the Book of Common Prayer.

<i>Psalms 20-21</i>	<i>Psalm 110</i>	<i>Psalms 116-117</i>	<i>2 Kings 25:8-12, 22-26</i>
<i>Matthew 11:7-15</i>	<i>1 Corinthians 15:12-29</i>		

So What's Next? • Jesus promises us life after death. That death has been defeated by his sacrifice on the cross. Take a few minutes to pray and ask God to bring someone to mind who needs to hear the good news of Jesus...then text or call them!

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

OCTOBER 22

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

“God, I trust you and your Word. I want to grow closer to you today and better understand your promises to me. I commit this time to you and say ‘yes’ to what you reveal to me during this time. In Jesus’ name, Amen.”

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “He is...”. Exhale slowly and say to yourself, “...with me.” Repeat this three times. When you’re ready, open your eyes and begin reading the Word.

God’s Word • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 115:1
Not to us, Lord, not to us
but to your name be the glory,
because of your love and faithfulness.*

*Luke 10:2-3
He told them, “The harvest is plentiful, but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into his harvest field. Go! I am sending you out like lambs among wolves.”*

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

*Psalms 114-115 Psalms 148-150 Jeremiah 29:1, 4-14
Luke 10:1-12, 17-20 Acts 16:6-15*

So What’s Next? • As you go throughout your day, tell God how thankful you are for his love and faithfulness to you.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

OCTOBER 23

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

“God, thank you for this time together. I want to know you better and grow in my faith. As I dive into your Word today, please meet me there. Reveal yourself to me through these verses and show me how to live out my faith. In Jesus’ name, Amen.”

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my rock.” Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my fortress.” Repeat this 3 times. When you’re ready, open your eyes and begin reading the Word.

God’s Word • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 119:154
Defend my cause and redeem me;
preserve my life according to your promise.*

*Hebrews 12:15
See to it that no one falls short of the grace of God and that no bitter root grows up to cause trouble and defile many.*

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

<i>Psalm 112</i>	<i>Psalm 119:145-168</i>	<i>Psalm 125</i>	<i>Jeremiah 11:18-23</i>
<i>Matthew 10:16-22</i>	<i>Hebrews 12:12-24</i>		

So What’s Next? • When life gets hard, sometimes we forget to turn to God as our rescuer and refuge. How do you need to turn to God today? Spend a few minutes journaling.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

OCTOBER 24

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

"Lord, you are worthy of all my honor and praise. I need you today. Help me to be transformed by your presence. Reveal your will for me as I study your Word. I commit this time to you. In Jesus' name, Amen."

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in for 4 seconds. Exhale for 8 seconds. Identify one thing that is distracting you, burdening you, or worrying you today. Breathe in and say to yourself, "Lord...". Breathe out and say to yourself, "I lay this down." Repeat as many times as you need for each distraction, burden, or worry today. When you're ready, open your eyes and begin reading the Word.

God's Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 36:12
*See how the evildoers lie fallen—
thrown down, not able to rise!*

Matthew 11:28-30
"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God's Word with today's reading plan from the Book of Common Prayer.

Psalm 26 Psalm 28 Psalm 36 Psalm 39 Lamentations 1:1-12
Matthew 11:25-30 1 Corinthians 15:41-50

So What's Next? • Jesus promises that his burden is easy and light. What do you need to give to Jesus today? What burden do you need to release to him. Write that down on a small piece of paper, then symbolically 'give' it to Jesus by throwing it away.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

OCTOBER 25

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

“God, I trust you and your Word. I want to grow closer to you today and better understand your promises to me. I commit this time to you and say ‘yes’ to what you reveal to me during this time. In Jesus’ name, Amen.”

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “He is...”. Exhale slowly and say to yourself, “...with me.” Repeat this three times. When you’re ready, open your eyes and begin reading the Word.

God’s Word • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 119:37
Turn my eyes away from worthless things;
preserve my life according to your word.*

*1 Corinthians 15:56-57
The sting of death is sin, and the power of sin is the law. But thanks be to God!
He gives us the victory through our Lord Jesus Christ.*

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

*Psalm 38 Psalm 119:25-48 Lamentations 2:8-15 Matthew 12:1-14
1 Corinthians 15:51-58*

So What’s Next? • Jesus was victorious over death! Isn’t that incredible news! Take a few minutes to tell Jesus thank you for all that he’s done for you.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

OCTOBER 26

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

“God, thank you for this time together. I want to know you better and grow in my faith. As I dive into your Word today, please meet me there. Reveal yourself to me through these verses and show me how to live out my faith. In Jesus’ name, Amen.”

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my rock.” Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my fortress.” Repeat this 3 times. When you’re ready, open your eyes and begin reading the Word.

God’s Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 37:23-24
The Lord makes firm the steps
of the one who delights in him;
though he may stumble, he will not fall,
for the Lord upholds him with his hand.

Matthew 12:20-21
“A bruised reed he will not break,
and a smoldering wick he will not snuff out,
till he has brought justice through to victory.
In his name the nations will put their hope.”

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

Psalm 37 Ezra 1 Matthew 12:15-21 1 Corinthians 16:1-9

So What’s Next? • When was the last time you remember ‘falling?’ Were you aware that God was right there with you, holding you up with his hand? If not, what would it have been like for you to be aware of that? If so, what does it feel like to feel held up by God?

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

OCTOBER 27

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

"Lord, you are worthy of all my honor and praise. I need you today. Help me to be transformed by your presence. Reveal your will for me as I study your Word. I commit this time to you. In Jesus' name, Amen."

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in for 4 seconds. Exhale for 8 seconds. Identify one thing that is distracting you, burdening you, or worrying you today. Breathe in and say to yourself, "Lord...". Breathe out and say to yourself, "I lay this down." Repeat as many times as you need for each distraction, burden, or worry today. When you're ready, open your eyes and begin reading the Word.

God's Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 31:24
Be strong and take heart,
all you who hope in the Lord.

1 Corinthians 16:13-14
Be on your guard; stand firm in the faith; be courageous; be strong. Do everything in love.

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God's Word with today's reading plan from the Book of Common Prayer.

Psalm 31 Psalm 35 Ezra 3 Matthew 12:22-32
1 Corinthians 16:10-24

So What's Next? • Be strong and take heart...what does that mean in your life? How do you need to be strong? How do you need to take heart? Spend a few moments pondering that, then share with a friend.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

OCTOBER 28

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

“God, I trust you and your Word. I want to grow closer to you today and better understand your promises to me. I commit this time to you and say ‘yes’ to what you reveal to me during this time. In Jesus’ name, Amen.”

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “He is...”. Exhale slowly and say to yourself, “...with me.” Repeat this three times. When you’re ready, open your eyes and begin reading the Word.

God’s Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 116:13-14
I will lift up the cup of salvation
and call on the name of the Lord.
I will fulfill my vows to the Lord
in the presence of all his people.

Ephesians 4:3
Make every effort to keep the unity of the Spirit through the bond of peace.

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

<i>Psalm 66</i>	<i>Psalms 116-117</i>	<i>Isaiah 28:9-16</i>	<i>John 14:15-31</i>
<i>Ephesians 4:1-16</i>			

So What’s Next? • How do you partner with the Holy Spirit to bring peace? Do you experience peace in your life? Write down two areas where you need peace, and two ways you can help bring peace to those around you.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

OCTOBER 29

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

“God, thank you for this time together. I want to know you better and grow in my faith. As I dive into your Word today, please meet me there. Reveal yourself to me through these verses and show me how to live out my faith. In Jesus’ name, Amen.”

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my rock.” Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my fortress.” Repeat this 3 times. When you’re ready, open your eyes and begin reading the Word.

God’s Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 98:1
Sing to the Lord a new song,
for he has done marvelous things;

Luke 10:36-37
“Which of these three do you think was a neighbor to the man who fell into the hands of robbers?”
The expert in the law replied, “The one who had mercy on him.”
Jesus told him, “Go and do likewise.”

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

Psalm 63 Psalm 98 Psalm 103 Haggai 1:1-2:9 Luke 10:25-37
Acts 18:24-19:7

So What’s Next? • Just like the psalmist shares above, can you you sing a new song to God? Think about your life and how you’ve witnessed God’s goodness. In your own tune, sing to God a song of thanksgiving.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

OCTOBER 30

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

"Lord, you are worthy of all my honor and praise. I need you today. Help me to be transformed by your presence. Reveal your will for me as I study your Word. I commit this time to you. In Jesus' name, Amen."

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in for 4 seconds. Exhale for 8 seconds. Identify one thing that is distracting you, burdening you, or worrying you today. Breathe in and say to yourself, "Lord...". Breathe out and say to yourself, "I lay this down." Repeat as many times as you need for each distraction, burden, or worry today. When you're ready, open your eyes and begin reading the Word.

God's Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 52:8
But I am like an olive tree
flourishing in the house of God;
I trust in God's unfailing love
for ever and ever.

Revelation 1:8
"I am the Alpha and the Omega," says the Lord God, "who is, and who was, and who is to come, the Almighty."

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God's Word with today's reading plan from the Book of Common Prayer.

<i>Psalm 41</i>	<i>Psalm 44</i>	<i>Psalm 52</i>	<i>Zechariah 1:7-17</i>	<i>Matthew</i>
<i>12:43-50</i>	<i>Revelation 1:4-20</i>			

So What's Next? • Jesus is the beginning and the end. He is both creator and judge. Thankfully, when we follow Jesus, he invites us into life with him...both now, and to come. What are you most looking forward to about Jesus' return?

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

OCTOBER 31

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

“God, thank you for this time together. I want to know you better and grow in my faith. As I dive into your Word today, please meet me there. Reveal yourself to me through these verses and show me how to live out my faith. In Jesus’ name, Amen.”

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my rock.” Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my fortress.” Repeat this 3 times. When you’re ready, open your eyes and begin reading the Word.

God’s Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Revelation 19:6-8
Then I heard what sounded like a great multitude, like the roar of rushing waters and like loud peals of thunder, shouting:
“Hallelujah!
For our Lord God Almighty reigns.
Let us rejoice and be glad
and give him glory!
For the wedding of the Lamb has come,
and his bride has made herself ready.
Fine linen, bright and clean,
was given her to wear.”

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

Psalm 34 Revelation 19:1, 4-10

So What’s Next? • Can you imagine what this must have sounded like to John, the writer of Revelation? He says it sounded like a great multitude, or the roar of rushing water. Imagine a sporting event or a concert, everyone focused on celebrating Jesus!

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

CHECK IN

You made it! How was your month of focusing on God's word and listening to Jesus? We hope you encountered Jesus each and every day. Share your stories with SHV or Larkspur Church by emailing dpg@shvchurch.org and let us join you on your journey!

START THE JOURNEY

Maybe this month was filled with a connection to God that you've never experienced before, and you'd like to know more about who Jesus is and how he transforms lives. If so, we want to invite you to start the journey! Here's how:

Hear the good news of the Gospel

John 3:16-17

For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life. For God did not send his Son into the world to condemn the world, but in order that the world might be saved through him.

Repent (meaning turn toward God & away from your old life) and believe

Mark 1:14-15

...Jesus went into Galilee, proclaiming the good news of God. "The time has come," he said. "The kingdom of God has come near. Repent and believe the good news!"

Believe and confess

Romans 10:9-10

If you declare with your mouth, "Jesus is Lord," and believe in your heart that God raised him from the dead, you will be saved. For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved.

And finally, tell us so that we can celebrate with you!

Email dpg@shvchurch.org to let us know you've started the journey, or if you have any questions!