

# DAILY PRAYER GUIDE

## SMALL GROUP GUIDE & PRAYER JOURNAL

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# HOW THE DPG WORKS

It can take just a few minutes, or you can spend an hour. Set aside a bit of your time for God. Every day, find a quiet spot, even if it's in your car before work or in bed before you close your eyes. Open this up and pray through the steps given for each day. Follow the instructions and focus as you read scripture and pray.

## A SIMPLE METHOD FOR HEARING GOD

Here are 6 simple steps to use as you're reading the Bible. Take your time and spend a few minutes on each step as you hear from God.

**RELAX** - Find a calm place and take a few deep breaths. Focus your mind on listening for God's voice.

**READ** - Read the word of God. It can be just a few verses or maybe an entire chapter.

**FOCUS** - Center your attention on the verses and ask God to highlight parts of the Scripture to you.

**RESPOND** - Write down or think about what the verses bring to mind and how they move you.

**REST** - Let your mind flow over the truth and goodness of God's word.

**RESOLVE** - With joy and reverence, choose to follow what God is saying through His Scripture.

This is something you can practice every time you make room to hear God. His desire is to speak to us every day. These steps can help you to focus on his voice.



**APRIL**

## 04/01/24 – MONDAY

**Invitation** • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

*“God, I trust you and your Word. I want to grow closer to you today and better understand your promises to me. I commit this time to you and say ‘yes’ to what you reveal to me during this time. In Jesus’ name, Amen.”*

**Be Still and Quiet** • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “He is...”. Exhale slowly and say to yourself, “...with me.” Repeat this three times. When you’re ready, open your eyes and begin reading the Word.

**God’s Word** • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 98:1*

*Sing to the Lord a new song,  
for he has done marvelous things;  
his right hand and his holy arm  
have worked salvation for him.*

*1 Corinthians 15:1-2*

*Now, brothers and sisters, I want to remind you of the gospel I preached to you, which you received and on which you have taken your stand. By this gospel you are saved, if you hold firmly to the word I preached to you. Otherwise, you have believed in vain.*

**Listening** • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

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**Grab Your Bible** • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

*Psalm 66      Psalm 93      Psalm 98      Exodus 12:14-27      Mark 16:1-8*  
*1 Corinthians 15:1-11*

**So What’s Next?** • How often do you sing to God? The psalmist above says to ‘sing to the Lord a new song...’ Take just a few minutes to think about your day, either yesterday or today. What happened? Where did you notice God? Where do you wish you had noticed him? Take those thoughts and turn them into a simple song. No one has to hear you, so don’t feel judged...God loves your worship!



## 04/02/24 – TUESDAY

**Invitation** • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

*“God, thank you for this time together. I want to know you better and grow in my faith. As I dive into your Word today, please meet me there. Reveal yourself to me through these verses and show me how to live out my faith. In Jesus’ name, Amen.”*

**Be Still and Quiet** • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my rock.” Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my fortress.” Repeat this 3 times. When you’re ready, open your eyes and begin reading the Word.

**God’s Word** • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 103:6  
The Lord works righteousness  
and justice for all the oppressed.*

*1 Corinthians 15:20  
But Christ has indeed been raised from the dead, the firstfruits of those who have fallen asleep. For since death came through a man, the resurrection of the dead comes also through a man*

**Listening** • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

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**Grab Your Bible** • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

*Psalm 103      Psalm 111      Psalm 114      Exodus 12:28-39      Mark 16:9-20  
1 Corinthians 15:12-28*

**So What’s Next?** • Jesus’ resurrection is for everyone! We’re all invited into the kingdom of God! When the psalmist above speaks of God’s justice for the oppressed, Jesus is that justice. Who do you know in your life that is or feels oppressed? Pray about ways to share the good news of Jesus with them.





## 04/03/24 – WEDNESDAY

**Invitation** • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

*“Lord, you are worthy of all my honor and praise. I need you today. Help me to be transformed by your presence. Reveal your will for me as I study your Word. I commit this time to you. In Jesus’ name, Amen.”*

**Be Still and Quiet** • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in for 4 seconds. Exhale for 8 seconds. Identify one thing that is distracting you, burdening you, or worrying you today. Breathe in and say to yourself, “Lord...”. Breathe out and say to yourself, “I lay this down.” Repeat as many times as you need for each distraction, burden, or worry today. When you’re ready, open your eyes and begin reading the Word.

**God’s Word** • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 99:9*

*Exalt the Lord our God  
and worship at his holy mountain,  
for the Lord our God is holy.*

*Matthew 28:5-6*

*The angel said to the women, “Do not be afraid, for I know that you are looking for Jesus, who was crucified. He is not here; he has risen, just as he said. Come and see the place where he lay.”*

**Listening** • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

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**Grab Your Bible** • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

*Psalm 97    Psalm 99    Psalm 115    Exodus 12:40-51    Matthew 28:1-16*  
*1 Corinthians 15:29-41*

**So What’s Next?** • Spend a few minutes journaling about God’s goodness in your life. If you think through your whole life, where have you experienced his goodness the most? Where do you need it the most?



## 04/04/24 – THURSDAY

**Invitation** • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

*“God, I trust you and your Word. I want to grow closer to you today and better understand your promises to me. I commit this time to you and say ‘yes’ to what you reveal to me during this time. In Jesus’ name, Amen.”*

**Be Still and Quiet** • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “He is...”. Exhale slowly and say to yourself, “...with me.” Repeat this three times. When you’re ready, open your eyes and begin reading the Word.

**God’s Word** • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 148:14*

*And he has raised up for his people a horn,  
the praise of all his faithful servants,  
of Israel, the people close to his heart.*

*Matthew 28:18-20*

*Then Jesus came to them and said, “All authority in heaven and on earth has been given to me. Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.”*

**Listening** • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

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**Grab Your Bible** • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

*Psalms 146-149*

*Exodus 13:3-10*

*Matthew 28:16-20*

*1 Corinthians 15:41-50*

**So What’s Next?** • Isn’t it wild to think about Jesus’ authority?! All authority in heaven and on earth have been given to him...ALL AUTHORITY...what does that mean? Take some time to journal your thoughts, and then share your ideas with a friend.



## 04/05/24 – FRIDAY

**Invitation** • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

*“God, thank you for this time together. I want to know you better and grow in my faith. As I dive into your Word today, please meet me there. Reveal yourself to me through these verses and show me how to live out my faith. In Jesus’ name, Amen.”*

**Be Still and Quiet** • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my rock.” Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my fortress.” Repeat this 3 times. When you’re ready, open your eyes and begin reading the Word.

**God’s Word** • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 118:26*

*Blessed is he who comes in the name of the Lord.  
From the house of the Lord we bless you.*

*1 Corinthians 15:56-57*

*The sting of death is sin, and the power of sin is the law. But thanks be to God!  
He gives us the victory through our Lord Jesus Christ.*

**Listening** • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

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**Grab Your Bible** • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

*Psalm 118*

*Psalm 136*

*Exodus 13:1-2, 11-16*

*Luke 24:1-12*

*1 Corinthians 15:51-58*

**So What’s Next?** • Jesus defeated death...so death no longer defeats us. Though eventually we will die, we’ll be raised with Christ in the end. Spend some extra time in prayer today, thanking Jesus for his own death, but even more for his victory over death.

**Journal** • Take a few moments to respond to what God is telling you today, in your own words or images.

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## 04/06/24 – SATURDAY

**Invitation** • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

*“Lord, you are worthy of all my honor and praise. I need you today. Help me to be transformed by your presence. Reveal your will for me as I study your Word. I commit this time to you. In Jesus’ name, Amen.”*

**Be Still and Quiet** • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in for 4 seconds. Exhale for 8 seconds. Identify one thing that is distracting you, burdening you, or worrying you today. Breathe in and say to yourself, “Lord...”. Breathe out and say to yourself, “I lay this down.” Repeat as many times as you need for each distraction, burden, or worry today. When you’re ready, open your eyes and begin reading the Word.

**God’s Word** • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 145:21*

*My mouth will speak in praise of the Lord.  
Let every creature praise his holy name  
for ever and ever.*

*2 Corinthians 4:16*

*Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day.*

**Listening** • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

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**Grab Your Bible** • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

*Psalm 104*

*Psalm 145*

*Exodus 13:17-14:4*

*Mark 12:18-27*

*2 Corinthians 4:16-5:10*

**So What’s Next?** • How are you being renewed by Jesus? Do you need to try on a new spiritual practice? That could be things like a daily examen where you look for where God was active throughout your day. It could be memorizing scripture, or practicing more generosity...what could you try on this weekend to help you experience more of God in your life? If you need ideas, check out the Spiritual Practices Guide we put together, or do a quick internet search for ‘spiritual disciplines.’





## 04/07/24 – SUNDAY — SABBATH

**Invitation** • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

*“God, I trust you and your Word. I want to grow closer to you today and better understand your promises to me. I commit this time to you and say ‘yes’ to what you reveal to me during this time. In Jesus’ name, Amen.”*

**Be Still and Quiet** • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “He is...”. Exhale slowly and say to yourself, “...with me.” Repeat this three times. When you’re ready, open your eyes and begin reading the Word.

**God’s Word** • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 111:10*

*The fear of the Lord is the beginning of wisdom;  
all who follow his precepts have good understanding.  
To him belongs eternal praise.*

*1 John 1:5-6*

*This is the message we have heard from him and declare to you: God is light; in him there is no darkness at all. If we claim to have fellowship with him and yet walk in the darkness, we lie and do not live out the truth.*

**Listening** • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

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**Grab Your Bible** • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

*Psalms 111-113  
1 John 1:1-7*

*Psalms 146-147*

*Exodus 14:5-22*

*John 14:1-7*

**So What’s Next?** • Do you have any darkness in your life? A sin you can’t seem to shake? As you spend time in prayer today, ask the Holy Spirit to clean out the things in your heart you’re unaware of. Ask him to move and fill you so there’s no room for darkness or anything else!



## 04/08/24 – MONDAY

**Invitation** • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

*“God, thank you for this time together. I want to know you better and grow in my faith. As I dive into your Word today, please meet me there. Reveal yourself to me through these verses and show me how to live out my faith. In Jesus’ name, Amen.”*

**Be Still and Quiet** • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my rock.” Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my fortress.” Repeat this 3 times. When you’re ready, open your eyes and begin reading the Word.

**God’s Word** • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 7:1-2*

*Lord my God, I take refuge in you;  
save and deliver me from all who pursue me,  
or they will tear me apart like a lion  
and rip me to pieces with no one to rescue me.*

*1 Peter 1:3-4b*

*Praise be to the God and Father of our Lord Jesus Christ! In his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead, and into an inheritance that can never perish, spoil or fade.*

**Listening** • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

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**Grab Your Bible** • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

*Psalms 1-4*

*Psalm 7*

*Exodus 14:21-31*

*John 14:1-17*

*1 Peter 1:1-12*

**So What’s Next?** • Pause for just a moment and ask God to bring a friend to mind. Whoever came to mind, spend 5 minutes asking God to intervene in their life. Ask him to bless them and minister to them. Thank God for what he’s doing in their life, and ask for his kingdom to come. Do you know what you just did? That’s called intercession! It’s a way of praying for others. We don’t have to know specifics, but when we ask God to move on their behalf, we’re interceding for them, similar to how the Holy Spirit prays and intercedes on *our* behalf!



## 04/09/24 – TUESDAY

**Invitation** • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

*“Lord, you are worthy of all my honor and praise. I need you today. Help me to be transformed by your presence. Reveal your will for me as I study your Word. I commit this time to you. In Jesus’ name, Amen.”*

**Be Still and Quiet** • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in for 4 seconds. Exhale for 8 seconds. Identify one thing that is distracting you, burdening you, or worrying you today. Breathe in and say to yourself, “Lord...”. Breathe out and say to yourself, “I lay this down.” Repeat as many times as you need for each distraction, burden, or worry today. When you’re ready, open your eyes and begin reading the Word.

**God’s Word** • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 10:17-18*

*You, Lord, hear the desire of the afflicted;  
you encourage them, and you listen to their cry,  
defending the fatherless and the oppressed,  
so that mere earthly mortals  
will never again strike terror.*

*John 14:21*

*Whoever has my commands and keeps them is the one who loves me. The one who loves me will be loved by my Father, and I too will love them and show myself to them.*

**Listening** • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

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**Grab Your Bible** • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

*Psalms 5-6*

*Psalms 10-11*

*Exodus 15:1-21*

*John 14:18-31*

*1 Peter 1:13-25*

**So What’s Next?** • In the Old Testament, the prophet Samuel says ‘To obey is better than sacrifice’. Jesus here in John speaks to that same idea of obedience. When we obey the things of Jesus, we show that we truly love him. Where do you need Jesus to bring healing and help to you? Where do you struggle with following his commands? Invite Jesus to those spaces and ask him to help...he’s faithful to hear you!



## 04/10/24 – WEDNESDAY

**Invitation** • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

*“God, I trust you and your Word. I want to grow closer to you today and better understand your promises to me. I commit this time to you and say ‘yes’ to what you reveal to me during this time. In Jesus’ name, Amen.”*

**Be Still and Quiet** • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “He is...”. Exhale slowly and say to yourself, “...with me.” Repeat this three times. When you’re ready, open your eyes and begin reading the Word.

**God’s Word** • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 13:2*

*How long must I wrestle with my thoughts  
and day after day have sorrow in my heart?  
How long will my enemy triumph over me?*

*1 Peter 2:4-5*

*As you come to him, the living Stone—rejected by humans but chosen by God  
and precious to him— you also, like living stones, are being built into a  
spiritual house to be a holy priesthood, offering spiritual sacrifices acceptable  
to God through Jesus Christ.*

**Listening** • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

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**Grab Your Bible** • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

*Psalms 12-14  
1 Peter 2:1-10*

*Psalm 119:1-24*

*Exodus 15:22-16:10*

*John 15:1-11*

**So What’s Next?** • Where do you need God to show up most in your life? Right now, where do you need God to move? Let’s pray about that together...God would your kingdom come in (fill in the blank). Lord we need you to move! We need your Holy Spirit to come and bring change/healing/help. Be near to us, Lord. Amen.





## 04/11/24 – THURSDAY

**Invitation** • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

*“God, thank you for this time together. I want to know you better and grow in my faith. As I dive into your Word today, please meet me there. Reveal yourself to me through these verses and show me how to live out my faith. In Jesus’ name, Amen.”*

**Be Still and Quiet** • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my rock.” Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my fortress.” Repeat this 3 times. When you’re ready, open your eyes and begin reading the Word.

**God’s Word** • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 18:30*

*As for God, his way is perfect:  
The Lord’s word is flawless;  
he shields all who take refuge in him.*

*1 Peter 2:13-14*

*Submit yourselves for the Lord’s sake to every human authority: whether to the emperor, as the supreme authority, or to governors, who are sent by him to punish those who do wrong and to commend those who do right.*

**Listening** • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

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**Grab Your Bible** • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

*Psalm 18      Exodus 16:10-22      John 15:12-27      1 Peter 2:11-25*

**So What’s Next?** • Do you struggle with politics? Either caring too much, or too little? The Apostle Peter tells us in his first letter that we’re to submit to ‘every human authority.’ Imagine how that must have felt to the first century Jews. They were oppressed by Roman occupation, treated as foreigners in their own land. Yet Peter tells them to submit...even to the emperor! So wherever you fall on the political spectrum, whether happy with our current political climate, or angry and resentful, put into practice what Peter says here. And most importantly, pray! Ask God to show up and have his way, even in our government!



## 04/12/24 – FRIDAY

**Invitation** • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

*“Lord, you are worthy of all my honor and praise. I need you today. Help me to be transformed by your presence. Reveal your will for me as I study your Word. I commit this time to you. In Jesus’ name, Amen.”*

**Be Still and Quiet** • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in for 4 seconds. Exhale for 8 seconds. Identify one thing that is distracting you, burdening you, or worrying you today. Breathe in and say to yourself, “Lord...”. Breathe out and say to yourself, “I lay this down.” Repeat as many times as you need for each distraction, burden, or worry today. When you’re ready, open your eyes and begin reading the Word.

**God’s Word** • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 16:9-11*

*Therefore my heart is glad and my tongue rejoices;  
my body also will rest secure,  
because you will not abandon me to the realm of the dead,  
nor will you let your faithful one see decay.  
You make known to me the path of life;  
you will fill me with joy in your presence,  
with eternal pleasures at your right hand.*

*1 Peter 3:18*

*For Christ also suffered once for sins, the righteous for the unrighteous, to bring you to God. He was put to death in the body but made alive in the Spirit.*

**Listening** • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

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**Grab Your Bible** • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

*Psalms 116-17  
1 Peter 3:13-4:6*

*Psalms 134-135*

*Exodus 16:23-36*

*John 16:1-15*

**So What’s Next?** • When Jesus died and was resurrected, his death paid once and for all for our sins...all of our sins! Take a few minutes to journal about what knowing the cost of our sins was. Give thanks to God for all he sacrificed for us.



## 04/13/24 – SATURDAY

**Invitation** • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

*“God, I trust you and your Word. I want to grow closer to you today and better understand your promises to me. I commit this time to you and say ‘yes’ to what you reveal to me during this time. In Jesus’ name, Amen.”*

**Be Still and Quiet** • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “He is...”. Exhale slowly and say to yourself, “...with me.” Repeat this three times. When you’re ready, open your eyes and begin reading the Word.

**God’s Word** • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 116:12*

*His pleasure is not in the strength of the horse,  
nor his delight in the legs of the warrior;  
the Lord delights in those who fear him,  
who put their hope in his unfailing love.*

*1 Peter 4:7-8*

*The end of all things is near. Therefore be alert and of sober mind so that you may pray. Above all, love each other deeply, because love covers over a multitude of sins.*

**Listening** • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

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**Grab Your Bible** • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

*Psalms 20-21  
John 16:16-33*

*Psalm 110  
1 Peter 4:7-19*

*Psalms 116-117*

*Exodus 17*

**So What’s Next?** • How was your week like this week? Where did you see God at work the most? Make sure to journal those moments so you can return to them later. Sometimes we forget all that God has done, especially the small things. As we journal, we keep a record of the big and small so we never forget that God loves us and works for our good.



## 04/14/24 – SUNDAY – SABBATH

**Invitation** • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

*“God, thank you for this time together. I want to know you better and grow in my faith. As I dive into your Word today, please meet me there. Reveal yourself to me through these verses and show me how to live out my faith. In Jesus’ name, Amen.”*

**Be Still and Quiet** • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my rock.” Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my fortress.” Repeat this 3 times. When you’re ready, open your eyes and begin reading the Word.

**God’s Word** • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 150:6*

*Let everything that has breath praise the Lord.  
Praise the Lord.*

*1 John 2:15-17*

*Do not love the world or anything in the world. If anyone loves the world, love for the Father is not in them. For everything in the world—the lust of the flesh, the lust of the eyes, and the pride of life—comes not from the Father but from the world. The world and its desires pass away, but whoever does the will of God lives forever.*

**Listening** • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

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**Grab Your Bible** • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

*Psalms 114-115  
1 John 2:7-17*

*Psalms 148-150*

*Exodus 18:1-12*

*Mark 16:9-20*

**So What’s Next?** • Do you know how much God loves you? He loves you enough to give up his son, his only son, to death on a cross. And then raise him from the dead! What in this world do you love more than God? John is asking us to give up those things for the freedom that Christ brings. Make a small list on the journal page of the things you need to let go of, or that you might love more than God. Then turn that into a prayer of repentance.





## 04/15/24 – MONDAY

**Invitation** • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

*“Lord, you are worthy of all my honor and praise. I need you today. Help me to be transformed by your presence. Reveal your will for me as I study your Word. I commit this time to you. In Jesus’ name, Amen.”*

**Be Still and Quiet** • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in for 4 seconds. Exhale for 8 seconds. Identify one thing that is distracting you, burdening you, or worrying you today. Breathe in and say to yourself, “Lord...”. Breathe out and say to yourself, “I lay this down.” Repeat as many times as you need for each distraction, burden, or worry today. When you’re ready, open your eyes and begin reading the Word.

**God’s Word** • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 25:4-5*

*Show me your ways, Lord,  
teach me your paths.  
Guide me in your truth and teach me,  
for you are God my Savior,  
and my hope is in you all day long.*

*1 Peter 5:6-7*

*Humble yourselves, therefore, under God’s mighty hand, that he may lift you up in due time. Cast all your anxiety on him because he cares for you.*

**Listening** • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

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**Grab Your Bible** • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

*Psalm 9  
1 Peter 5*

*Psalm 15*

*Psalm 25*

*Exodus 18:13-27*

*Matthew 1:1-17*

**So What’s Next?** • Take some time today to cast your anxiety on God. Find a scrap piece of paper, and write down the things that cause the most anxiety in your life. Ask God to bring life and healing to those things...then ‘cast’ that paper into the trash. Let go of it, and let God take over!



# CHECK IN

*You've made it to the halfway point! April is halfway over, but God isn't finished speaking to you! What have you heard so far this month? Take a few moments and reflect on what God has spoken to you, and let us know. We'd love to be a part of your journey. Email SHV at [dpg@shvchurch.org](mailto:dpg@shvchurch.org) with the stories of what God is doing in your life.*



## 04/16/24 – TUESDAY

**Invitation** • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

*“God, I trust you and your Word. I want to grow closer to you today and better understand your promises to me. I commit this time to you and say ‘yes’ to what you reveal to me during this time. In Jesus’ name, Amen.”*

**Be Still and Quiet** • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “He is...”. Exhale slowly and say to yourself, “...with me.” Repeat this three times. When you’re ready, open your eyes and begin reading the Word.

**God’s Word** • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 26:2-3*

*Test me, Lord, and try me,  
examine my heart and my mind;  
for I have always been mindful of your unfailing love  
and have lived in reliance on your faithfulness.*

*Colossians 1:9-10*

*We continually ask God to fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives, so that you may live a life worthy of the Lord and please him in every way: bearing fruit in every good work, growing in the knowledge of God.*

**Listening** • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

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**Grab Your Bible** • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

*Psalm 26*

*Psalm 28*

*Psalm 36*

*Psalm 39*

*Exodus 19:1-16*

*Matthew 3:7-12*

*Colossians 1:1-14*

**So What’s Next?** • Spend a few minutes asking God to search your heart and mind for anything that is not of Him. See what he reveals to you. Imagine how it could look to live without that “thing” He has revealed to you. Pray for the Lord to help you enact it.



## 04/17/24 – WEDNESDAY

**Invitation** • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

*“God, thank you for this time together. I want to know you better and grow in my faith. As I dive into your Word today, please meet me there. Reveal yourself to me through these verses and show me how to live out my faith. In Jesus’ name, Amen.”*

**Be Still and Quiet** • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my rock.” Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my fortress.” Repeat this 3 times. When you’re ready, open your eyes and begin reading the Word.

**God’s Word** • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 119:33-35*

*Teach me, Lord, the way of your decrees,  
that I may follow it to the end.  
Give me understanding, so that I may keep your law  
and obey it with all my heart.  
Direct me in the path of your commands,  
for there I find delight.*

*Matthew 3:16-17*

*As soon as Jesus was baptized, he went up out of the water. At that moment heaven was opened, and he saw the Spirit of God descending like a dove and alighting on him.*

**Listening** • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

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**Grab Your Bible** • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

*Psalm 38*

*Psalm 119:25-48*

*Exodus 19:16-25*

*Matthew 3:13-17*

*Colossians 1:15-23*

**So What’s Next?** • Imagine you were a witness at the baptism of Jesus. As doves fell on Him, what might you have thought? Knowing who Jesus is today, what would you feel if you were standing there right now? Capture that image in your mind and carry it with you today.





## 04/18/24 – THURSDAY

**Invitation** • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

*“Lord, you are worthy of all my honor and praise. I need you today. Help me to be transformed by your presence. Reveal your will for me as I study your Word. I commit this time to you. In Jesus’ name, Amen.”*

**Be Still and Quiet** • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in for 4 seconds. Exhale for 8 seconds. Identify one thing that is distracting you, burdening you, or worrying you today. Breathe in and say to yourself, “Lord...”. Breathe out and say to yourself, “I lay this down.” Repeat as many times as you need for each distraction, burden, or worry today. When you’re ready, open your eyes and begin reading the Word.

**God’s Word** • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 37:23-24*

*The Lord makes firm the steps  
of the one who delights in him;  
though he may stumble, he will not fall,  
for the Lord upholds him with his hand.*

*Colossians 1:6-7*

*So then, just as you received Christ Jesus as Lord, continue to live your lives in him, rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness.*

**Listening** • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

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**Grab Your Bible** • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

*Psalm 37*

*Exodus 20:1-21*

*Matthew 4:1-11*

*Colossians 1:24-2:7*

**So What’s Next?** • Paul writes in his letter to the Colossians to live a life “overflowing with thankfulness”. Write down 5 things you are thankful for today. Spend time thanking God for those things and spend the day reminding yourself of them.



## 04/19/24 – FRIDAY

**Invitation** • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

*“God, I trust you and your Word. I want to grow closer to you today and better understand your promises to me. I commit this time to you and say ‘yes’ to what you reveal to me during this time. In Jesus’ name, Amen.”*

**Be Still and Quiet** • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “He is...”. Exhale slowly and say to yourself, “...with me.” Repeat this three times. When you’re ready, open your eyes and begin reading the Word.

**God’s Word** • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 105:40-41*

*They asked, and he brought them quail;  
he fed them well with the bread of heaven.  
He opened the rock, and water gushed out;  
it flowed like a river in the desert.*

*Colossians 2:16-17*

*Therefore do not let anyone judge you by what you eat or drink, or with regard to a religious festival, a New Moon celebration or a Sabbath day. These are a shadow of the things that were to come; the reality, however, is found in Christ.*

**Listening** • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

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**Grab Your Bible** • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

*Psalm 105*

*Exodus 24*

*Matthew 4:12-17*

*Colossians 2:8-23*

**So What’s Next?** • Do you trust the Lord to provide all that you need? Are your needs already being met? Read the entire Psalm 105 and imagine the scene the Psalmist describes of God’s provision of shade, light, food, and water. What do you need to trust God to provide? What does it look like? Journal about it.



## 04/20/24 – SATURDAY

**Invitation** • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

*“God, thank you for this time together. I want to know you better and grow in my faith. As I dive into your Word today, please meet me there. Reveal yourself to me through these verses and show me how to live out my faith. In Jesus’ name, Amen.”*

**Be Still and Quiet** • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my rock.” Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my fortress.” Repeat this 3 times. When you’re ready, open your eyes and begin reading the Word.

**God’s Word** • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 30:2-3*

*Lord my God, I called to you for help,*

*and you healed me.*

*You, Lord, brought me up from the realm of the dead;*

*you spared me from going down to the pit.*

*Colossians 3:9*

*Do not lie to each other, since you have taken off your old self with its practices*

*and have put on the new self, which is being renewed in knowledge in the image of its Creator.*

**Listening** • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

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**Grab Your Bible** • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

*Psalm 30*

*Psalm 32*

*Psalms 42-43*

*Exodus 25:1-22*

*Matthew 4:18-25*

*Colossians 3:1-17*

**So What’s Next?** • It’s hard to not get angry sometimes, isn’t it? But Paul reminds the Colossians to control their anger and the words that are spoken in anger. What is hard for you when you’re angry? Ask the Lord to show you your heart and reveal any places that need healing or forgiveness related to your anger about something or someone.



## 04/21/24 – SUNDAY – SABBATH

**Invitation** • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

*“Lord, you are worthy of all my honor and praise. I need you today. Help me to be transformed by your presence. Reveal your will for me as I study your Word. I commit this time to you. In Jesus’ name, Amen.”*

**Be Still and Quiet** • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in for 4 seconds. Exhale for 8 seconds. Identify one thing that is distracting you, burdening you, or worrying you today. Breathe in and say to yourself, “Lord...”. Breathe out and say to yourself, “I lay this down.” Repeat as many times as you need for each distraction, burden, or worry today. When you’re ready, open your eyes and begin reading the Word.

**God’s Word** • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 63:1*

*You, God, are my God,  
earnestly I seek you;  
I thirst for you,  
my whole being longs for you,  
in a dry and parched land  
where there is no water.*

*1 John 2:24-26*

*As for you, see that what you have heard from the beginning remains in you. If it does, you also will remain in the Son and in the Father. And this is what he promised us—eternal life.*

**Listening** • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

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**Grab Your Bible** • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

*Psalm 63      Psalm 98      Psalm 103      Exodus 28:1-4, 30-38*  
*Mark 6:30-44      1 John 2:18-29*

**So What’s Next?** • As followers of Jesus, we know we will have eternal life as John describes in the passage above. Have you ever thought about what eternal life with Jesus will look like? Will feel like? Close your eyes and imagine it. Draw what you saw or write it down in your journal.





## 04/22/24 – MONDAY

**Invitation** • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

*“God, I trust you and your Word. I want to grow closer to you today and better understand your promises to me. I commit this time to you and say ‘yes’ to what you reveal to me during this time. In Jesus’ name, Amen.”*

**Be Still and Quiet** • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “He is...”. Exhale slowly and say to yourself, “...with me.” Repeat this three times. When you’re ready, open your eyes and begin reading the Word.

**God’s Word** • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 52:8  
But I am like an olive tree  
flourishing in the house of God;  
I trust in God’s unfailing love  
for ever and ever.*

*Colossians 4:5-6  
Be wise in the way you act toward outsiders; make the most of every opportunity. Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone.*

**Listening** • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

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**Grab Your Bible** • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

*Psalm 41      Psalm 44      Psalm 52      Exodus 32:1-20      Matthew 5:1-10  
Colossians 3:18-4*

**So What’s Next?** • Are your conversations with non-believers always full of grace and seasoned with salt? Make a plan for how you will answer questions about your faith in a way that draws people closer to God rather than away from Him. You may want to look at some resources on apologetics (*a defense of your belief in Jesus*) or research explanations for why followers of Jesus believe what we do.

**Journal** • Take a few moments to respond to what God is telling you today, in your own words or images.

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## 04/23/24 – TUESDAY

**Invitation** • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

*“God, thank you for this time together. I want to know you better and grow in my faith. As I dive into your Word today, please meet me there. Reveal yourself to me through these verses and show me how to live out my faith. In Jesus’ name, Amen.”*

**Be Still and Quiet** • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my rock.” Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my fortress.” Repeat this 3 times. When you’re ready, open your eyes and begin reading the Word.

**God’s Word** • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 47:1-2*

*Clap your hands, all you nations;  
shout to God with cries of joy.  
For the Lord Most High is awesome,  
the great King over all the earth.*

*Matthew 5:15-16*

*Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.*

**Listening** • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

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**Grab Your Bible** • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

*Psalm 45*

*Psalms 47-48*

*Exodus 32:21-34*

*Matthew 5:11-16*

*1 Thessalonians 1*

**So What’s Next?** • It’s that time again! Add a new song to your playlist or pull out one that you haven’t included in your favorites in a while. Listen carefully to the words and see how they relate to your relationship with God.

**Journal** • Take a few moments to respond to what God is telling you today, in your own words or images.

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## 04/24/24 – WEDNESDAY

**Invitation** • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

*“Lord, you are worthy of all my honor and praise. I need you today. Help me to be transformed by your presence. Reveal your will for me as I study your Word. I commit this time to you. In Jesus’ name, Amen.”*

**Be Still and Quiet** • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in for 4 seconds. Exhale for 8 seconds. Identify one thing that is distracting you, burdening you, or worrying you today. Breathe in and say to yourself, “Lord...”. Breathe out and say to yourself, “I lay this down.” Repeat as many times as you need for each distraction, burden, or worry today. When you’re ready, open your eyes and begin reading the Word.

**God’s Word** • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 119:49  
Remember your word to your servant,  
for you have given me hope.*

*Matthew 5:17-18  
Do not think that I have come to abolish the Law or the Prophets; I have not come to abolish them but to fulfill them. For truly I tell you, until heaven and earth disappear, not the smallest letter, not the least stroke of a pen, will by any means disappear from the Law until everything is accomplished.*

**Listening** • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

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**Grab Your Bible** • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

*Psalm 49      Psalm 53      Psalm 119:49-72      Exodus 33  
Matthew 5:17-20      1 Thessalonians 2:1-12*

**So What’s Next?** • What is your favorite promise from the Lord? Use the internet to research some of God’s promises to us found in the Bible or think about the ones you already know. Choose one to pray about today.



## 04/25/24 – THURSDAY

**Invitation** • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

*“God, I trust you and your Word. I want to grow closer to you today and better understand your promises to me. I commit this time to you and say ‘yes’ to what you reveal to me during this time. In Jesus’ name, Amen.”*

**Be Still and Quiet** • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “He is...”. Exhale slowly and say to yourself, “...with me.” Repeat this three times. When you’re ready, open your eyes and begin reading the Word.

**God’s Word** • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 145:8-9*

*The Lord is gracious and compassionate,  
slow to anger and rich in love.*

*The Lord is good to all;  
he has compassion on all he has made.*

*2 Timothy 4:3-4*

*For the time will come when people will not put up with sound doctrine.  
Instead, to suit their own desires, they will gather around them a great number  
of teachers to say what their itching ears want to hear. They will turn their ears  
away from the truth and turn aside to myths.*

**Listening** • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

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**Grab Your Bible** • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

*Psalm 67*

*Psalm 96*

*Psalm 145*

*Acts 12:25-13:3*

*2 Timothy 4:1-11*

**So What’s Next?** • Do you ever struggle with some things in the Bible? Do you wrestle with any of the concepts? Many Christians do. We pick and choose what we want to believe or follow. Take one of your struggles to the Lord in prayer and ask Him to reveal His truth to you about it. Commit to being open to hearing from Him.



**Journal** • Take a few moments to respond to what God is telling you today, in your own words or images.

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## 04/26/24 – FRIDAY

**Invitation** • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

*“God, thank you for this time together. I want to know you better and grow in my faith. As I dive into your Word today, please meet me there. Reveal yourself to me through these verses and show me how to live out my faith. In Jesus’ name, Amen.”*

**Be Still and Quiet** • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my rock.” Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my fortress.” Repeat this 3 times. When you’re ready, open your eyes and begin reading the Word.

**God’s Word** • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 40:3*

*He put a new song in my mouth,  
a hymn of praise to our God.*

*Matthew 5:34-36*

*But I tell you, do not swear an oath at all: either by heaven, for it is God’s throne; or by the earth, for it is his footstool; or by Jerusalem, for it is the city of the Great King. And do not swear by your head, for you cannot make even one hair white or black. All you need to say is simply ‘Yes’ or ‘No’; anything beyond this comes from the evil one.*

**Listening** • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

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**Grab Your Bible** • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

*Psalm 40*

*Psalm 51*

*Psalm 54*

*Exodus 34:18-35*

*Matthew 5:27-37*

*1 Thessalonians 3*

**So What’s Next?** • Do you ever swear you’ll do something as a way to convince someone of your commitment to the task? What was the last one you can remember? Re-read the passages in Matthew 5 where Jesus tells us to simply say yes or no. Commit to removing the act of swearing on a task from the way you communicate.

**Journal** • Take a few moments to respond to what God is telling you today, in your own words or images.

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## 04/27/24 – SATURDAY

**Invitation** • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

*“Lord, you are worthy of all my honor and praise. I need you today. Help me to be transformed by your presence. Reveal your will for me as I study your Word. I commit this time to you. In Jesus’ name, Amen.”*

**Be Still and Quiet** • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in for 4 seconds. Exhale for 8 seconds. Identify one thing that is distracting you, burdening you, or worrying you today. Breathe in and say to yourself, “Lord...”. Breathe out and say to yourself, “I lay this down.” Repeat as many times as you need for each distraction, burden, or worry today. When you’re ready, open your eyes and begin reading the Word.

**God’s Word** • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 55:1-2*

*Listen to my prayer, O God,  
do not ignore my plea;  
hear me and answer me.*

*Matthew 5:44-45*

*But I tell you, love your enemies and pray for those who persecute you, that you may be children of your Father in heaven. He causes his sun to rise on the evil and the good, and sends rain on the righteous and the unrighteous.*

**Listening** • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

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**Grab Your Bible** • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

*Psalm 55*

*Psalms 138:1-139:23*

*Exodus 40:18-38*

*Matthew 5:38-48*

*1 Thessalonians 4:1-12*

**So What’s Next?** • Loving someone you don’t always like can be hard, can’t it? But we are called to love just as we are loved by God. Who do you need to love? Write that person’s name on a piece of paper and commit to praying for them, and for the strength and courage to love them.



## 04/28/24 – SUNDAY – SABBATH

**Invitation** • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

*“God, I trust you and your Word. I want to grow closer to you today and better understand your promises to me. I commit this time to you and say ‘yes’ to what you reveal to me during this time. In Jesus’ name, Amen.”*

**Be Still and Quiet** • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “He is...”. Exhale slowly and say to yourself, “...with me.” Repeat this three times. When you’re ready, open your eyes and begin reading the Word.

**God’s Word** • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 84:2*

*My soul yearns, even faints,  
for the courts of the Lord;  
my heart and my flesh cry out  
for the living God.*

*Hebrews 12:1-2*

*Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God.*

**Listening** • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

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**Grab Your Bible** • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

*Psalm 8      Psalm 24      Psalm 29      Psalm 84      Leviticus 8:1-13, 30-36*  
*Luke 4:16-30      Hebrews 12:1-14*

**So What’s Next?** • Communion is such a powerful way to remember Jesus and the sacrifice of His blood and body for us. Grab something to drink and a cracker or piece of bread and take communion right now. Read all of Psalm 84 as you spend a few minutes with the Lord.



## 04/29/24 – MONDAY

**Invitation** • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

*“God, thank you for this time together. I want to know you better and grow in my faith. As I dive into your Word today, please meet me there. Reveal yourself to me through these verses and show me how to live out my faith. In Jesus’ name, Amen.”*

**Be Still and Quiet** • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my rock.” Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my fortress.” Repeat this 3 times. When you’re ready, open your eyes and begin reading the Word.

**God’s Word** • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 56:4  
in God I trust and am not afraid.  
What can mere mortals do to me?*

*Matthew 6:2-4  
So when you give to the needy, do not announce it with trumpets, as the hypocrites do in the synagogues and on the streets, to be honored by others. Truly I tell you, they have received their reward in full. But when you give to the needy, do not let your left hand know what your right hand is doing, so that your giving may be in secret. Then your Father, who sees what is done in secret, will reward you.*

**Listening** • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

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**Grab Your Bible** • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

*Psalms 56-58      Psalms 64-65      Leviticus 16:1-19      Matthew 6:1-6, 16-18  
1 Thessalonians 4:13-18*

**So What’s Next?** • We all have fears! As the Psalmist says in the passage above, he puts his trust in the Lord, including trusting the Lord with his fears. What is something you fear? Take it to the Lord in prayer right now and throughout the day, asking Him to help you trust Him with it.





## 04/30/24 – TUESDAY

**Invitation** • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

*“Lord, you are worthy of all my honor and praise. I need you today. Help me to be transformed by your presence. Reveal your will for me as I study your Word. I commit this time to you. In Jesus’ name, Amen.”*

**Be Still and Quiet** • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in for 4 seconds. Exhale for 8 seconds. Identify one thing that is distracting you, burdening you, or worrying you today. Breathe in and say to yourself, “Lord...”. Breathe out and say to yourself, “I lay this down.” Repeat as many times as you need for each distraction, burden, or worry today. When you’re ready, open your eyes and begin reading the Word.

**God’s Word** • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 61:2-3*

*From the ends of the earth I call to you,  
I call as my heart grows faint;  
lead me to the rock that is higher than I.  
For you have been my refuge,  
a strong tower against the foe.*

*Matthew 6:14-15*

*For if you forgive other people when they sin against you, your heavenly Father will also forgive you. But if you do not forgive others their sins, your Father will not forgive your sins.*

**Listening** • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

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**Grab Your Bible** • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

*Psalms 61-62*

*Psalm 68*

*Leviticus 16:20-34*

*Matthew 6:7-15*

*1 Thessalonians 5:1-11*

**So What’s Next?** • Jesus tells us that God will not forgive us if we don’t forgive others. That’s a strong warning! Who do you need to forgive for something? Write that person’s name down and pray over them. Then ask the Lord for the strength to forgive them and make a plan for doing it.



# CHECK IN

*You made it! How was your month of focusing on God's word and listening to Jesus? We hope you encountered Jesus each and every day. Share your stories with SHV or Larkspur Church by emailing [dpg@shvchurch.org](mailto:dpg@shvchurch.org) and let us join you on your journey!*

# START THE JOURNEY

Maybe this month was filled with a connection to God that you've never experienced before, and you'd like to know more about who Jesus is and how he transforms lives. If so, we want to invite you to start the journey! Here's how:

## ***Hear the good news of the Gospel***

*John 3:16-17*

*For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life. For God did not send his Son into the world to condemn the world, but in order that the world might be saved through him.*

## ***Repent (meaning turn toward God & away from your old life) and believe***

*Mark 1:14-15*

*...Jesus went into Galilee, proclaiming the good news of God. "The time has come," he said. "The kingdom of God has come near. Repent and believe the good news!"*

## ***Believe and confess***

*Romans 10:9-10*

*If you declare with your mouth, "Jesus is Lord," and believe in your heart that God raised him from the dead, you will be saved. For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved.*

## ***And finally, tell us so that we can celebrate with you!***

Email [dpg@shvchurch.org](mailto:dpg@shvchurch.org) to let us know you've started the journey, or if you have any questions!