

DAILY PRAYER GUIDE

SMALL GROUP GUIDE & PRAYER JOURNAL

The following is a product of Smoky Hill Vineyard & Larkspur Church and is not to be copied or reproduced. The creative work of this book has been donated to Smoky Hill Vineyard for royalty free use in this book and creative contributors will remain anonymous.

All Scripture quotations, unless otherwise indicated, are taken from the Holy Bible, New International Version®, NIV®. Copyright ©1973, 1978, 1984, 2011 by Biblica, Inc.™ Used by permission of Zondervan. All rights reserved worldwide. www.zondervan.com The “NIV” and “New International Version” are trademarks registered in the United States Patent and Trademark Office by Biblica, Inc.™

HOW THE DPG WORKS

It can take just a few minutes, or you can spend an hour. Set aside a bit of your time for God. Every day, find a quiet spot, even if it's in your car before work or in bed before you close your eyes. Open this up and pray through the steps given for each day. Follow the instructions and focus as you read scripture and pray.

A SIMPLE METHOD FOR HEARING GOD

Here are 6 simple steps to use as you're reading the Bible. Take your time and spend a few minutes on each step as you hear from God.

RELAX - Find a calm place and take a few deep breaths. Focus your mind on listening for God's voice.

READ - Read the word of God. It can be just a few verses or maybe an entire chapter.

FOCUS - Center your attention on the verses and ask God to highlight parts of the Scripture to you.

RESPOND - Write down or think about what the verses bring to mind and how they move you.

REST - Let your mind flow over the truth and goodness of God's word.

RESOLVE - With joy and reverence, choose to follow what God is saying through His Scripture.

This is something you can practice every time you make room to hear God. His desire is to speak to us every day. These steps can help you to focus on his voice.

SEPTEMBER

09/01/23 — FRIDAY

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

“God, I trust you and your Word. I want to grow closer to you today and better understand your promises to me. I commit this time to you and say ‘yes’ to what you reveal to me during this time. In Jesus’ name, Amen.”

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “He is...”. Exhale slowly and say to yourself, “...with me.” Repeat this three times. When you’re ready, open your eyes and begin reading the Word.

God’s Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 16:1
Keep me safe, my God,
for in you I take refuge.

Mark 14:30-31
“Truly I tell you,” Jesus answered, “today—yes, tonight—before the rooster crows twice you yourself will disown me three times.”
But Peter insisted emphatically, “Even if I have to die with you, I will never disown you.” And all the others said the same.

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

Psalms 16-17 Psalm 22 1 Kings 5:1-7 Mark 14:27-42
Acts 28:1-16

So What’s Next? • Peter is pretty emphatic that he’ll never leave Jesus...yet a few hours later, he turns back on his word. Jesus knew, and loved him anyway! Where have you turned away from Jesus? Ponder a time where you’ve turned from him, then spend a few moments in prayer, repenting for your sin...then receive his forgiveness!

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

09/02/23 — SATURDAY

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

“God, thank you for this time together. I want to know you better and grow in my faith. As I dive into your Word today, please meet me there. Reveal yourself to me through these verses and show me how to live out my faith. In Jesus’ name, Amen.”

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my rock.” Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my fortress.” Repeat this 3 times. When you’re ready, open your eyes and begin reading the Word.

God’s Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalms 116:1-2
I love the Lord, for he heard my voice;
he heard my cry for mercy.
Because he turned his ear to me,
I will call on him as long as I live.

Acts 28:28-29
“Therefore I want you to know that God’s salvation has been sent to the Gentiles, and they will listen!”
After he said this, the Jews left, arguing vigorously among themselves.

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

<i>Psalms 20-21</i>	<i>Psalms 110</i>	<i>Psalms 116-117</i>	<i>1 Kings 7:51-8:21</i>
<i>Mark 14:43-52</i>	<i>Acts 28:17-31</i>		

So What’s Next? • In Acts, Paul shares that God’s salvation is not just for the Israelites, but for all people, and that the Gentiles (outsiders) would listen. Who in your life do you perceive as outside of God’s kingdom? Take a few minutes to ask God to reveal his love and salvation to that person or those people.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

09/03/23 — SUNDAY — SABBATH

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

"Lord, you are worthy of all my honor and praise. I need you today. Help me to be transformed by your presence. Reveal your will for me as I study your Word. I commit this time to you. In Jesus' name, Amen."

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in for 4 seconds. Exhale for 8 seconds. Identify one thing that is distracting you, burdening you, or worrying you today. Breathe in and say to yourself, "Lord...". Breathe out and say to yourself, "I lay this down." Repeat as many times as you need for each distraction, burden, or worry today. When you're ready, open your eyes and begin reading the Word.

God's Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 148:13-14

*Let them praise the name of the Lord,
for his name alone is exalted;
his splendor is above the earth and the heavens.
And he has raised up for his people a horn,
the praise of all his faithful servants,
of Israel, the people close to his heart.*

1 Timothy 4:10

*That is why we labor and strive, because we have put our hope in the living God,
who is the Savior of all people, and especially of those who believe.*

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God's Word with today's reading plan from the Book of Common Prayer.

Psalms 114-115

Psalms 148-150

1 Kings 8:22-40

John 8:47-59

1 Timothy 4:7-16

So What's Next? • As followers of Jesus we put our hope in God...the living God. We believe he's active and supports us in our daily lives. In the past week, where did you see God at work in your life? Spend some time journaling your thoughts.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

09/04/23 — MONDAY

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

"God, I trust you and your Word. I want to grow closer to you today and better understand your promises to me. I commit this time to you and say 'yes' to what you reveal to me during this time. In Jesus' name, Amen."

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, "He is...". Exhale slowly and say to yourself, "...with me." Repeat this three times. When you're ready, open your eyes and begin reading the Word.

God's Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 9:1-2

I will give thanks to you, Lord, with all my heart;

I will tell of all your wonderful deeds.

I will be glad and rejoice in you;

I will sing the praises of your name, O Most High.

James 2:12-13

Speak and act as those who are going to be judged by the law that gives freedom, because judgment without mercy will be shown to anyone who has not been merciful. Mercy triumphs over judgment.

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God's Word with today's reading plan from the Book of Common Prayer.

Psalm 9

Psalm 15

Psalm 25

2 Chronicles 6:32-7:7

Mark 14:53-65

James 2:1-13

So What's Next? • James shares that 'mercy triumphs over judgement.' What does that look like in your life? Are you merciful? Do you show others mercy easily? Think about these ideas, then share with a close friend or family member. If you're brave, ask them how they see you...merciful or not!

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

09/05/23 — TUESDAY

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

"God, thank you for this time together. I want to know you better and grow in my faith. As I dive into your Word today, please meet me there. Reveal yourself to me through these verses and show me how to live out my faith. In Jesus' name, Amen."

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, "God is...". Exhale slowly and say to yourself, "my rock." Breathe in and say to yourself, "God is...". Exhale slowly and say to yourself, "my fortress." Repeat this 3 times. When you're ready, open your eyes and begin reading the Word.

God's Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 28:6-7

*Praise be to the Lord,
for he has heard my cry for mercy.
The Lord is my strength and my shield;
my heart trusts in him, and he helps me.
My heart leaps for joy,
and with my song I praise him..*

James 2:14

What good is it, my brothers and sisters, if someone claims to have faith but has no deeds? Can such faith save them?

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God's Word with today's reading plan from the Book of Common Prayer.

Psalm 26

Psalm 28

Psalm 36

Psalm 39

1 Kings 8:65-9:9

Mark 14:66-72

James 2:14-26

So What's Next? • According to the psalmist above, 'the Lord is [our] strength and [our] shield. Do you believe that? If you do, spend some time praying prayers of gratitude. If not, spend some time asking God to help you trust him more.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

09/06/23 — WEDNESDAY

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

“Lord, you are worthy of all my honor and praise. I need you today. Help me to be transformed by your presence. Reveal your will for me as I study your Word. I commit this time to you. In Jesus’ name, Amen.”

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in for 4 seconds. Exhale for 8 seconds. Identify one thing that is distracting you, burdening you, or worrying you today. Breathe in and say to yourself, “Lord...”. Breathe out and say to yourself, “I lay this down.” Repeat as many times as you need for each distraction, burden, or worry today. When you’re ready, open your eyes and begin reading the Word.

God’s Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 38:9-10
All my longings lie open before you, Lord;
my sighing is not hidden from you.
My heart pounds, my strength fails me;
even the light has gone from my eyes.

James 3:10-11
Out of the same mouth come praise and cursing. My brothers and sisters, this should not be. Can both fresh water and salt water flow from the same spring?

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

Psalm 38 Psalm 119:25-48 1 Kings 9:24-10:13 Mark 15:1-11
James 3:1-12

So What’s Next? • This passage from James speaks about how we as humans are quick to both bless and curse others. If we follow Jesus...that shouldn’t be! What would it be like for you to bless others this week? Make an intentional goal to bless those who mistreat, frustrate, blame, curse, hate, or hurt you. What would that be like???

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

09/07/23 — THURSDAY

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

"God, I trust you and your Word. I want to grow closer to you today and better understand your promises to me. I commit this time to you and say 'yes' to what you reveal to me during this time. In Jesus' name, Amen."

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, "He is...". Exhale slowly and say to yourself, "...with me." Repeat this three times. When you're ready, open your eyes and begin reading the Word.

God's Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 37:5-6

*Commit your way to the Lord;
trust in him and he will do this:*

*He will make your righteous reward shine like the dawn,
your vindication like the noonday sun.*

James 3:13

*Who is wise and understanding among you? Let them show it by their good life,
by deeds done in the humility that comes from wisdom.*

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God's Word with today's reading plan from the Book of Common Prayer.

Psalm 37

1 Kings 11:1-13

Mark 15:12-21

James 3:13-4:12

So What's Next? • James says above that when we're wise, we don't flaunt it. Wisdom and humility go hand in hand. Do you experience that in your own life? Take a few minutes to journal and reflect on how (or not!) you come across as wise and humble.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

09/08/23 — FRIDAY

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

"God, thank you for this time together. I want to know you better and grow in my faith. As I dive into your Word today, please meet me there. Reveal yourself to me through these verses and show me how to live out my faith. In Jesus' name, Amen."

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, "God is...". Exhale slowly and say to yourself, "my rock." Breathe in and say to yourself, "God is...". Exhale slowly and say to yourself, "my fortress." Repeat this 3 times. When you're ready, open your eyes and begin reading the Word.

God's Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 31:19

*How abundant are the good things
that you have stored up for those who fear you,
that you bestow in the sight of all,
on those who take refuge in you.*

Mark 15:25-26

It was nine in the morning when they crucified him. The written notice of the charge against him read: the king of the jews.

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God's Word with today's reading plan from the Book of Common Prayer.

Psalm 31 Psalm 35 1 Kings 11:26-43 Mark 15:22-32
James 4:13-5:6

So What's Next? • This reading from Mark is a sobering reminder of the true cost that Jesus paid for us...his life! Though he is more powerful than we could ever imagine, he submitted himself to death on a cross that we might be made right with God. Spend some time this afternoon praying and thanking God for giving up so much for us.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

09/09/23 — SATURDAY

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

"Lord, you are worthy of all my honor and praise. I need you today. Help me to be transformed by your presence. Reveal your will for me as I study your Word. I commit this time to you. In Jesus' name, Amen."

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in for 4 seconds. Exhale for 8 seconds. Identify one thing that is distracting you, burdening you, or worrying you today. Breathe in and say to yourself, "Lord...". Breathe out and say to yourself, "I lay this down." Repeat as many times as you need for each distraction, burden, or worry today. When you're ready, open your eyes and begin reading the Word.

God's Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 32:1

*Blessed is the one
whose transgressions are forgiven,
whose sins are covered.*

Mark 15:37-39

With a loud cry, Jesus breathed his last.

The curtain of the temple was torn in two from top to bottom. And when the centurion, who stood there in front of Jesus, saw how he died, he said, "Surely this man was the Son of God!"

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God's Word with today's reading plan from the Book of Common Prayer.

Psalm 30 Psalm 32 Psalms 42-43 1 Kings 12:1-20
Mark 15:33-39 James 5:7-12, 19-20

So What's Next? • The significance of the curtain tearing from top to bottom was God literally removing the barrier between his presence in the temple and all people...we now can approach him freely! Take a moment to thank God for making a way to be with him, then share that good news with a friend.

09/10/23 — SUNDAY — SABBATH

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

“God, I trust you and your Word. I want to grow closer to you today and better understand your promises to me. I commit this time to you and say ‘yes’ to what you reveal to me during this time. In Jesus’ name, Amen.”

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “He is...”. Exhale slowly and say to yourself, “...with me.” Repeat this three times. When you’re ready, open your eyes and begin reading the Word.

God’s Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 103:6
The Lord works righteousness
and justice for all the oppressed.

Acts 4:31
After they prayed, the place where they were meeting was shaken. And they were all filled with the Holy Spirit and spoke the word of God boldly.

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

Psalm 63 Psalm 98 Psalm 103 1 Kings 12:21-33 John 10:31-42
Acts 4:18-31

So What’s Next? • Did you know that by saying ‘yes’ to a life with Jesus means you also receive the gift of the Holy Spirit? The very same power that raised Jesus from death has been given to you! As you ponder this, invite the Holy Spirit to fill you, give you wisdom, and help you see him at work.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

09/11/23 — MONDAY

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

“God, thank you for this time together. I want to know you better and grow in my faith. As I dive into your Word today, please meet me there. Reveal yourself to me through these verses and show me how to live out my faith. In Jesus’ name, Amen.”

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my rock.” Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my fortress.” Repeat this 3 times. When you’re ready, open your eyes and begin reading the Word.

God’s Word • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 52:8
But I am like an olive tree
flourishing in the house of God;
I trust in God’s unfailing love
for ever and ever.*

*Philippians 1:9-10
And this is my prayer: that your love may abound more and more in knowledge
and depth of insight, so that you may be able to discern what is best and may
be pure and blameless for the day of Christ, ”*

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

*Psalm 41 Psalm 44 Psalm 52 1 Kings 13:1-10 Mark 15:40-47
Philippians 1:1-11*

So What’s Next? • The psalmist above says that they are ‘like an olive tree.’ When they’re in God’s presence, they flourish and grow. Do you see that in your own life? As you spend more time with God, you grow. The work you’re doing right now is helping you grow with God! Journal a few ways you’ve experienced growing in your time with God.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

09/12/23 — TUESDAY

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

"Lord, you are worthy of all my honor and praise. I need you today. Help me to be transformed by your presence. Reveal your will for me as I study your Word. I commit this time to you. In Jesus' name, Amen."

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in for 4 seconds. Exhale for 8 seconds. Identify one thing that is distracting you, burdening you, or worrying you today. Breathe in and say to yourself, "Lord...". Breathe out and say to yourself, "I lay this down." Repeat as many times as you need for each distraction, burden, or worry today. When you're ready, open your eyes and begin reading the Word.

God's Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 47:1

*Clap your hands, all you nations;
shout to God with cries of joy.*

Mark 16:6-7

"Don't be alarmed," he said. "You are looking for Jesus the Nazarene, who was crucified. He has risen! He is not here. See the place where they laid him. But go, tell his disciples and Peter, 'He is going ahead of you into Galilee. There you will see him, just as he told you.'"

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God's Word with today's reading plan from the Book of Common Prayer.

Psalm 45

Psalms 47-48

1 Kings 16:23-34

Mark 16

Philippians 1:12-30

So What's Next? • Can you imagine being one of Jesus' first followers? The person you believed was the son of God had died. All hope was gone...what a heavy weight. So to hear that he had risen would surely spark something new in you. Spend a couple extra minutes imagining how exciting/scary/energizing it must have been for them to hear their friend, leader, and messiah had come back to life!

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

09/13/23 — WEDNESDAY

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

“God, I trust you and your Word. I want to grow closer to you today and better understand your promises to me. I commit this time to you and say ‘yes’ to what you reveal to me during this time. In Jesus’ name, Amen.”

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “He is...”. Exhale slowly and say to yourself, “...with me.” Repeat this three times. When you’re ready, open your eyes and begin reading the Word.

God’s Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 46:10-11
*He says, “Be still, and know that I am God;
I will be exalted among the nations,
I will be exalted in the earth.”*
*The Lord Almighty is with us;
the God of Jacob is our fortress.*

Ephesians 2:17-18
He came and preached peace to you who were far away and peace to those who were near. For through him we both have access to the Father by one Spirit.

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

Psalm 46 Psalm 87 1 Kings 8:22-30 Ephesians 2:11-22

So What’s Next? • God makes space for those close to him, AND to those who are far away...isn’t that great news! God makes space for all of us, all we have to do is turn to him. Invite God to bring a friend to mind to share this good news with...then share it!

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

09/14/23 — THURSDAY

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

"God, thank you for this time together. I want to know you better and grow in my faith. As I dive into your Word today, please meet me there. Reveal yourself to me through these verses and show me how to live out my faith. In Jesus' name, Amen."

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, "God is...". Exhale slowly and say to yourself, "my rock." Breathe in and say to yourself, "God is...". Exhale slowly and say to yourself, "my fortress." Repeat this 3 times. When you're ready, open your eyes and begin reading the Word.

God's Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalms 66:16

*Come and hear, all you who fear God;
let me tell you what he has done for me.*

John 3:17

For God did not send his Son into the world to condemn the world, but to save the world through him.

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God's Word with today's reading plan from the Book of Common Prayer.

Psalms 66

Psalms 118

Numbers 21:4-9

John 3:11-17

1 Peter 3:17-22

So What's Next? • John 3:16 is probably the most famous set of words Jesus said. But we tend to leave off how he follows it up. Jesus didn't come to burden us with a life of more rules, more laws, more ways to screw up...no, he offers a way of living that transforms our hearts and offers forgiveness when we mess it up. Grab a pen and journal a quick note of thankfulness to Jesus for making a way for you!

09/15/23 — FRIDAY

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

"Lord, you are worthy of all my honor and praise. I need you today. Help me to be transformed by your presence. Reveal your will for me as I study your Word. I commit this time to you. In Jesus' name, Amen."

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in for 4 seconds. Exhale for 8 seconds. Identify one thing that is distracting you, burdening you, or worrying you today. Breathe in and say to yourself, "Lord...". Breathe out and say to yourself, "I lay this down." Repeat as many times as you need for each distraction, burden, or worry today. When you're ready, open your eyes and begin reading the Word.

God's Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 40:4

*Blessed is the one
who trusts in the Lord,
who does not look to the proud,
to those who turn aside to false gods.*

Philippians 3:13-14

Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God's Word with today's reading plan from the Book of Common Prayer.

Psalm 40

Psalm 51

Psalm 54

1 Kings 18:20-40

Matthew 3:1-12

Philippians 3:1-16

So What's Next? • What are you striving for? Earthly things or heavenly things? What would it be like if you put all your efforts towards Jesus? That doesn't mean quitting your job, or standing on a street corner shouting the gospel...but what if you did your job/work with the goal of helping others see Jesus? Or shared with your neighbors and friends all that God has done for you? Journal your thoughts.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

CHECK IN

You've made it to the halfway point! September is halfway over, but God isn't finished speaking to you! What have you heard so far this month? Take a few moments and reflect on what God has spoken to you, and let us know. We'd love to be a part of your journey. Email SHV or Larkspur Church at dpg@shvchurch.org with the stories of what God is doing in your life.

09/16/23 — SATURDAY

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

"God, I trust you and your Word. I want to grow closer to you today and better understand your promises to me. I commit this time to you and say 'yes' to what you reveal to me during this time. In Jesus' name, Amen."

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, "He is...". Exhale slowly and say to yourself, "...with me." Repeat this three times. When you're ready, open your eyes and begin reading the Word.

God's Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 55:16-17

*As for me, I call to God,
and the Lord saves me.
Evening, morning and noon
I cry out in distress,
and he hears my voice.*

Matthew 3:16-17

As soon as Jesus was baptized, he went up out of the water. At that moment heaven was opened, and he saw the Spirit of God descending like a dove and alighting on him. And a voice from heaven said, "This is my Son, whom I love; with him I am well pleased."

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God's Word with today's reading plan from the Book of Common Prayer.

Psalm 55 Psalm 138:1-139:23 1 Kings 18:41-19:8 Matthew 3:13-17
Philippians 3:17-4:7

So What's Next? • What requests are you holding before God in prayer? It can sometimes be hard to keep praying when we don't get an immediate answer. Do you need someone to help you carry this burden? Consider reaching out to a trusted friend and asking them to pray, too.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

09/17/23 — SUNDAY — SABBATH

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

"God, thank you for this time together. I want to know you better and grow in my faith. As I dive into your Word today, please meet me there. Reveal yourself to me through these verses and show me how to live out my faith. In Jesus' name, Amen."

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, "God is...". Exhale slowly and say to yourself, "my rock." Breathe in and say to yourself, "God is...". Exhale slowly and say to yourself, "my fortress." Repeat this 3 times. When you're ready, open your eyes and begin reading the Word.

God's Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 8:1-2

*Lord, our Lord,
how majestic is your name in all the earth!
You have set your glory
in the heavens.
Through the praise of children and infants
you have established a stronghold against your enemies,
to silence the foe and the avenger.*

Acts 5:42

Day after day, in the temple courts and from house to house, they never stopped teaching and proclaiming the good news that Jesus is the Messiah.

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God's Word with today's reading plan from the Book of Common Prayer.

Psalm 8 Psalm 24 Psalm 29 Psalm 84 1 Kings 19:8-21
John 11:45-47 Acts 5:34-42

So What's Next? • How do you see the majesty of God portrayed in the world or the people around you? Write down a list of five or more things that remind you of God's majesty.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

09/18/23 — MONDAY

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

"Lord, you are worthy of all my honor and praise. I need you today. Help me to be transformed by your presence. Reveal your will for me as I study your Word. I commit this time to you. In Jesus' name, Amen."

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in for 4 seconds. Exhale for 8 seconds. Identify one thing that is distracting you, burdening you, or worrying you today. Breathe in and say to yourself, "Lord...". Breathe out and say to yourself, "I lay this down." Repeat as many times as you need for each distraction, burden, or worry today. When you're ready, open your eyes and begin reading the Word.

God's Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalms 56:3-4

*When I am afraid, I put my trust in you.
In God, whose word I praise—
in God I trust and am not afraid.
What can mere mortals do to me?*

1 Corinthians 1:4-6

I always thank my God for you because of his grace given you in Christ Jesus. For in him you have been enriched in every way—with all kinds of speech and with all knowledge—God thus confirming our testimony about Christ among you.

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God's Word with today's reading plan from the Book of Common Prayer.

Psalms 56-58

Psalms 64-65

1 Kings 21:1-16

Matthew 4:1-11

1 Corinthians 1:1-19

So What's Next? • When we live in authentic community with other believers, we have the opportunity to portray God's attributes to each other. Who do you think of who is modeling Jesus' character to you or others? Do you want to send them a text or a note to let them know you appreciate them? In what ways are you modeling Jesus in your community?

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

09/19/23 — TUESDAY

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

"God, I trust you and your Word. I want to grow closer to you today and better understand your promises to me. I commit this time to you and say 'yes' to what you reveal to me during this time. In Jesus' name, Amen."

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, "He is...". Exhale slowly and say to yourself, "...with me." Repeat this three times. When you're ready, open your eyes and begin reading the Word.

God's Word • As you read through the passage below, listen for a word or phrase that stands out to you:

*Psalm 62:1-2
Truly my soul finds rest in God;
my salvation comes from him.
Truly he is my rock and my salvation;
he is my fortress, I will never be shaken.*

*1 Corinthians 1:22-25
Jews demand signs and Greeks look for wisdom, but we preach Christ crucified: a stumbling block to Jews and foolishness to Gentiles, but to those whom God has called, both Jews and Greeks, Christ the power of God and the wisdom of God. For the foolishness of God is wiser than human wisdom, and the weakness of God is stronger than human strength.*

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God's Word with today's reading plan from the Book of Common Prayer.

*Psalms 61-62 Psalm 68 1 Kings 21:17-29 Matthew 4:12-17
1 Corinthians 1:20-31*

So What's Next? • Jesus' completed work on the cross set us free from the power of sin and of death. Take a moment to thank God for the extreme measures He was willing to take to bring us deliverance.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

09/20/23 — WEDNESDAY

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

"God, thank you for this time together. I want to know you better and grow in my faith. As I dive into your Word today, please meet me there. Reveal yourself to me through these verses and show me how to live out my faith. In Jesus' name, Amen."

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, "God is...". Exhale slowly and say to yourself, "my rock." Breathe in and say to yourself, "God is...". Exhale slowly and say to yourself, "my fortress." Repeat this 3 times. When you're ready, open your eyes and begin reading the Word.

God's Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 119:81-83

*My soul faints with longing for your salvation,
but I have put my hope in your word.
My eyes fail, looking for your promise;
I say, "When will you comfort me?"
Though I am like a wineskin in the smoke,
I do not forget your decrees.*

Matthew 4:18-19

As Jesus was walking beside the Sea of Galilee, he saw two brothers, Simon called Peter and his brother Andrew. They were casting a net into the lake, for they were fishermen. "Come, follow me," Jesus said, "and I will send you out to fish for people."

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God's Word with today's reading plan from the Book of Common Prayer.

Psalm 72

Psalm 119:73-96

1 Kings 22:1-28

Matthew 4:18-25

1 Corinthians 2:1-13

So What's Next? • Pastor Mike preached last month that Samson was called by God before he was even born. God brings us into His kingdom for His own purposes. Are we being faithful to our callings? Is there something further that God may be calling you into? Be bold and ask one of the pastoral team to pray with you about it.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

09/21/23 — THURSDAY

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

"Lord, you are worthy of all my honor and praise. I need you today. Help me to be transformed by your presence. Reveal your will for me as I study your Word. I commit this time to you. In Jesus' name, Amen."

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in for 4 seconds. Exhale for 8 seconds. Identify one thing that is distracting you, burdening you, or worrying you today. Breathe in and say to yourself, "Lord...". Breathe out and say to yourself, "I lay this down." Repeat as many times as you need for each distraction, burden, or worry today. When you're ready, open your eyes and begin reading the Word.

God's Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 119:41-42

*May your unfailing love come to me, Lord,
your salvation, according to your promise;
then I can answer anyone who taunts me,
for I trust in your word.*

Romans 10:2-4

For I can testify about them that they are zealous for God, but their zeal is not based on knowledge. Since they did not know the righteousness of God and sought to establish their own, they did not submit to God's righteousness. Christ is the culmination of the law so that there may be righteousness for everyone who believes.

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God's Word with today's reading plan from the Book of Common Prayer.

Psalm 19 Psalm 112 Psalm 119:41-64 Isaiah 8:11-20
Matthew 13:44-52 Romans 10:1-15

So What's Next? • The term, steadfast love, is used 242 times in the Old Testament and can also be translated "loyal" love. James 1:17 states that God's character does not change. God's steadfast, loyal love for you is just as strong as the day you were born. Are you truly resting in His love? Journal about it.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

09/22/23 — FRIDAY

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

"God, I trust you and your Word. I want to grow closer to you today and better understand your promises to me. I commit this time to you and say 'yes' to what you reveal to me during this time. In Jesus' name, Amen."

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, "He is...". Exhale slowly and say to yourself, "...with me." Repeat this three times. When you're ready, open your eyes and begin reading the Word.

God's Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 69:13-14

*But I pray to you, Lord,
in the time of your favor;
in your great love, O God,
answer me with your sure salvation.
Rescue me from the mire,
do not let me sink;
deliver me from those who hate me,
from the deep waters.*

1 Corinthians 3:16-17

Don't you know that you yourselves are God's temple and that God's Spirit dwells in your midst? If anyone destroys God's temple, God will destroy that person; for God's temple is sacred, and you together are that temple.

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God's Word with today's reading plan from the Book of Common Prayer.

Psalm 69 Psalm 73 2 Kings 1:2-17 Matthew 5:11-16
1 Corinthians 3:16-23

So What's Next? • Do you ever feel like you are sinking? Perhaps you are feeling that way today. Be honest with God about how you feel and ask Him to meet your heart with His peace.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

09/23/23 — SATURDAY

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

"God, thank you for this time together. I want to know you better and grow in my faith. As I dive into your Word today, please meet me there. Reveal yourself to me through these verses and show me how to live out my faith. In Jesus' name, Amen."

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, "God is...". Exhale slowly and say to yourself, "my rock." Breathe in and say to yourself, "God is...". Exhale slowly and say to yourself, "my fortress." Repeat this 3 times. When you're ready, open your eyes and begin reading the Word.

God's Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 23:4

*Even though I walk
through the darkest valley,
I will fear no evil,
for you are with me;
your rod and your staff,
they comfort me.*

1 Corinthians 4:2-4

Now it is required that those who have been given a trust must prove faithful. I care very little if I am judged by you or by any human court; indeed, I do not even judge myself. My conscience is clear, but that does not make me innocent. It is the Lord who judges me.

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God's Word with today's reading plan from the Book of Common Prayer.

Psalm 23

Psalm 27

Psalms 75-76

2 Kings 2:1-18

Matthew 5:17-20

1 Corinthians 4:1-7

So What's Next? • Jesus is a faithful and caring shepherd. Always. Are you fearful of evil? Bring your concerns to Him. Allow Him to shepherd your heart throughout the day. Journal about the experience tonight.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

09/24/23 — SUNDAY — SABBATH

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

"Lord, you are worthy of all my honor and praise. I need you today. Help me to be transformed by your presence. Reveal your will for me as I study your Word. I commit this time to you. In Jesus' name, Amen."

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in for 4 seconds. Exhale for 8 seconds. Identify one thing that is distracting you, burdening you, or worrying you today. Breathe in and say to yourself, "Lord...". Breathe out and say to yourself, "I lay this down." Repeat as many times as you need for each distraction, burden, or worry today. When you're ready, open your eyes and begin reading the Word.

God's Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 96:1-2
Sing to the Lord a new song;
sing to the Lord, all the earth.
Sing to the Lord, praise his name;
proclaim his salvation day after day.

Acts 9:21-22
All those who heard him were astonished and asked, "Isn't he the man who raised havoc in Jerusalem among those who call on this name? And hasn't he come here to take them as prisoners to the chief priests?" Yet Saul grew more and more powerful and baffled the Jews living in Damascus by proving that Jesus is the Messiah.

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God's Word with today's reading plan from the Book of Common Prayer.

Psalm 34 Psalm 93 Psalm 96 2 Kings 4:8-37 Luke 3:7-18
Acts 9:10-31

So What's Next? • It's hard to believe that people can truly change, isn't it? But the Holy Spirit can and does transform us. Think about something in your life that needs the help of the Holy Spirit in order to change. Ask Him to begin that work in you today. Write down that prayer and carry it with you.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

09/25/23 — MONDAY

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

“God, I trust you and your Word. I want to grow closer to you today and better understand your promises to me. I commit this time to you and say ‘yes’ to what you reveal to me during this time. In Jesus’ name, Amen.”

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “He is...”. Exhale slowly and say to yourself, “...with me.” Repeat this three times. When you’re ready, open your eyes and begin reading the Word.

God’s Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 77:13-14
Your ways, God, are holy.
What god is as great as our God?
You are the God who performs miracles;
you display your power among the peoples.

Matthew 5:22-24
But I tell you that anyone who is angry with a brother or sister will be subject to judgment. Again, anyone who says to a brother or sister, ‘Raca,’ is answerable to the court. And anyone who says, ‘You fool!’ will be in danger of the fire of hell. “Therefore, if you are offering your gift at the altar and there remember that your brother or sister has something against you, leave your gift there in front of the altar. First go and be reconciled to them; then come and offer your gift.

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

Psalm 77 Psalm 79 Psalm 80 2 Kings 5:1-19 Matthew 5:21-26
1 Corinthians 4:8-21

So What’s Next? • Are you angry with a relative or friend? What do you need to do to resolve the conflict? Ask the Lord for wisdom and guidance over the situation right now and then make a plan for addressing it.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

09/26/23 — TUESDAY

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

“God, thank you for this time together. I want to know you better and grow in my faith. As I dive into your Word today, please meet me there. Reveal yourself to me through these verses and show me how to live out my faith. In Jesus’ name, Amen.”

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my rock.” Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my fortress.” Repeat this 3 times. When you’re ready, open your eyes and begin reading the Word.

God’s Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 78:54-55
And so he brought them to the border of his holy land,
to the hill country his right hand had taken.
He drove out nations before them
and allotted their lands to them as an inheritance;
he settled the tribes of Israel in their homes.

1 Corinthians 5:6-7
Your boasting is not good. Don’t you know that a little yeast leavens the whole batch of dough? Get rid of the old yeast, so that you may be a new unleavened batch—as you really are. For Christ, our Passover lamb, has been sacrificed.

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

Psalm 78 2 Kings 5:19-27 Matthew 5:27-37 1 Corinthians 5:1-8

So What’s Next? • Which of God’s promises to us do you place your hope in most often? His plans for you? That he will strengthen you? That he will never leave you? Do a quick internet search of “God’s promises” and read through the lists. Choose one to focus on today. Write it somewhere easy to see throughout your day.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

09/27/23 — WEDNESDAY

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

"Lord, you are worthy of all my honor and praise. I need you today. Help me to be transformed by your presence. Reveal your will for me as I study your Word. I commit this time to you. In Jesus' name, Amen."

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in for 4 seconds. Exhale for 8 seconds. Identify one thing that is distracting you, burdening you, or worrying you today. Breathe in and say to yourself, "Lord...". Breathe out and say to yourself, "I lay this down." Repeat as many times as you need for each distraction, burden, or worry today. When you're ready, open your eyes and begin reading the Word.

God's Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 119: 103-104
How sweet are your words to my taste,
sweeter than honey to my mouth!
I gain understanding from your precepts;
therefore I hate every wrong path.

Matthew 5:40-42
And if anyone wants to sue you and take your shirt, hand over your coat as well.
If anyone forces you to go one mile, go with them two miles. Give to the one who asks you, and do not turn away from the one who wants to borrow from you.

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God's Word with today's reading plan from the Book of Common Prayer.

Psalm 81-82 Psalm 119:97-120 2 Kings 6:1-23 Matthew 5:38-48
1 Corinthians 5:9-6:8

So What's Next? • We all have favorite verses in the Bible that we memorize and put on coffee mugs and t-shirts, don't we? Spend a few minutes in the Book of Psalms and choose an unfamiliar passage to study. Write it down, meditate on its meaning for you, and commit it to memory.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

09/28/23 — THURSDAY

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

"God, I trust you and your Word. I want to grow closer to you today and better understand your promises to me. I commit this time to you and say 'yes' to what you reveal to me during this time. In Jesus' name, Amen."

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, "He is...". Exhale slowly and say to yourself, "...with me." Repeat this three times. When you're ready, open your eyes and begin reading the Word.

God's Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 146:2-3

*I will praise the Lord all my life;
I will sing praise to my God as long as I live.
Do not put your trust in princes,
in human beings, who cannot save.*

1 Corinthians 6:18-20

Flee from sexual immorality. All other sins a person commits are outside the body, but whoever sins sexually, sins against their own body. Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your bodies.

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God's Word with today's reading plan from the Book of Common Prayer.

Psalm 83 Psalms 85-86 Psalms 146-147 2 Kings 9:1-16
Matthew 6:1-6 1 Corinthians 6:12-20

So What's Next? • It's that time again! Look through your collection of worship music and choose a song you haven't listened to in a while. Listen to it and write down a word or phrase that stands out to you. Then, pray about that word or verse, asking the Lord to reveal what He has for you today.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

09/29/23 — FRIDAY

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

“God, thank you for this time together. I want to know you better and grow in my faith. As I dive into your Word today, please meet me there. Reveal yourself to me through these verses and show me how to live out my faith. In Jesus’ name, Amen.”

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my rock.” Breathe in and say to yourself, “God is...”. Exhale slowly and say to yourself, “my fortress.” Repeat this 3 times. When you’re ready, open your eyes and begin reading the Word.

God’s Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 148:5-6
*Let them praise the name of the Lord,
for at his command they were created,
and he established them for ever and ever—
he issued a decree that will never pass away.*

Mark 13:21-23
At that time if anyone says to you, ‘Look, here is the Messiah!’ or, ‘Look, there he is!’ do not believe it. For false messiahs and false prophets will appear and perform signs and wonders to deceive, if possible, even the elect. So be on your guard; I have told you everything ahead of time.

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God’s Word with today’s reading plan from the Book of Common Prayer.

<i>Psalm 8</i>	<i>Psalm 34</i>	<i>Psalm 104</i>	<i>Psalm 148</i>	<i>Psalm 150</i>
<i>Job 38:1-7</i>	<i>Mark 13:21-27</i>	<i>Hebrews 1</i>		

So What’s Next? • Have you considered how you will differentiate false prophets from the real Messiah if He returns in our lifetime? Spend some time today thinking about how you will know your shepherd’s voice.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

09/30/23 — SATURDAY

Invitation • As you begin your time with God, take just a moment to invite Him to speak to you, both during your prayer, and through His Word. Use these words for your prayer if you need help getting started:

"Lord, you are worthy of all my honor and praise. I need you today. Help me to be transformed by your presence. Reveal your will for me as I study your Word. I commit this time to you. In Jesus' name, Amen."

Be Still and Quiet • Prepare your heart and mind for this time with the Lord. Close your eyes. Breathe in for 4 seconds. Exhale for 8 seconds. Identify one thing that is distracting you, burdening you, or worrying you today. Breathe in and say to yourself, "Lord...". Breathe out and say to yourself, "I lay this down." Repeat as many times as you need for each distraction, burden, or worry today. When you're ready, open your eyes and begin reading the Word.

God's Word • As you read through the passage below, listen for a word or phrase that stands out to you:

Psalm 90:13-14

Relent, Lord! How long will it be?

Have compassion on your servants.

*Satisfy us in the morning with your unfailing love,
that we may sing for joy and be glad all our days.*

1 Corinthians 7:16-17

How do you know, wife, whether you will save your husband? Or, how do you know, husband, whether you will save your wife? Nevertheless, each person should live as a believer in whatever situation the Lord has assigned to them, just as God has called them. This is the rule I lay down in all the churches.

Listening • How did you hear from God in your prayer time or through these verses? Did a specific word or phrase stand out to you? Write that below:

Grab Your Bible • Dig deeper into God's Word with today's reading plan from the Book of Common Prayer.

Psalm 87

Psalm 90

Psalm 136

2 Kings 11:1-20

Matthew 6:19-24

1 Corinthians 7:10-24

So What's Next? • Sometimes when we are struggling or suffering, we forget about God's goodness and faithfulness. Make a list today of 10 things you are thankful to God for.

Journal • Take a few moments to respond to what God is telling you today, in your own words or images.

CHECK IN

You made it! How was your month of focusing on God's word and listening to Jesus? We hope you encountered Jesus each and every day. Share your stories with SHV or Larkspur Church by emailing dpg@shvchurch.org and let us join you on your journey!

START THE JOURNEY

Maybe this month was filled with a connection to God that you've never experienced before, and you'd like to know more about who Jesus is and how he transforms lives. If so, we want to invite you to start the journey! Here's how:

Hear the good news of the Gospel

John 3:16-17

For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life. For God did not send his Son into the world to condemn the world, but in order that the world might be saved through him.

Repent (meaning turn toward God & away from your old life) and believe

Mark 1:14-15

...Jesus went into Galilee, proclaiming the good news of God. "The time has come," he said. "The kingdom of God has come near. Repent and believe the good news!"

Believe and confess

Romans 10:9-10

If you declare with your mouth, "Jesus is Lord," and believe in your heart that God raised him from the dead, you will be saved. For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved.

And finally, tell us so that we can celebrate with you!

Email dpg@shvchurch.org to let us know you've started the journey, or if you have any questions!